

# **Profile-based** observational coding: Capturing children's patterns of responding to interpersonal

Meredith J. Martin, PhD Spring 2017 Methodology Applications Series April 14, 2017

threat





# What is Observational Coding?

## **Behavioral Observation**

• Seeing/hearing and systematically recording the behaviors of an individual or group within a social context of interest

## **Observational Coding**

 How we assess and quantify behaviors - turning them into data that can examined statistically



# **Today's Talk**

- 1. Conceptual introduction:
  - Emotional Security Theory

## 2. An overview of Observational Research

- What to observe (research design)
- How to observe (research method)
- Establishing interrater reliability
- 3. Profile-based observational coding





# **Conceptual Introduction: Emotional Security Theory**







Davies, Martin, & Sturge-Apple, 2016)



## **Emotional Security Theory (EST-R)**











(Davies, Martin, & Sturge-Apple, 2016; Martin, Davies, & MacNeill, 2014)



- Establishing positive peer relationships = developmental task of middle childhood
  - (Del Giudice, 2010; Rubin et al., 2006)
- Social challenges include:
  - Conflict, competition, hostility, rejection, victimization







- Establishing positive peer relationships = developmental task of middle childhood
- Social challenges include:
  - Conflict, competition, hostility, rejection, victimization
- Difficulties  $\rightarrow$  psychological consequences
  - Internalizing symptoms, externalizing problems, poor academic achievement, substance abuse
  - Negative consequences into adulthood



Parker et al., 2006)



## (Del Giudice, 2010; Rubin et al., 2006)

(e.g., Bagwell et al., 2005; Bierman, 2004;





System Function: to and consequences of



# **Social Defense** Minimize exposure

## interpersonal threat



- Function: Minimize exposure to interpersonal threat (Davies & Martin, 2013; Gilbert, 1993; Sloman et al., 2002)
- Emotional Character: Fear (Davies, Cicchetti, & Martin, 2012)
- Contextual Cues: Threat signals

(Davies, Martin, & Cicchetti, 2012)

Prototypical Behaviors: Fight/flight,freeze, Camouflage, Social de-escalation strategies





(Davies & Martin, 2013; 2016; Martin et al., 2014)



- Why observation?
  - Behaviors occur largely outside the awareness of participants
  - Adaptive function
  - Behavior in context











## • Flexibility









## • Flexibility

Theory-building





- Flexibility
- Theory-building
- Capture behaviors outside of awareness of participants







- Flexibility
- Theory-building
- Capture behaviors outside of awareness of participants
- Less susceptible to interpretive errors, defensive processes, & social desirability





Limited Measurement Window





 Limited Measurement Window - May miss rare, but meaningful behaviors







- Limited Measurement Window
  - May miss rare, but meaningful behaviors
- Resulting error  $\rightarrow$  underestimates stability





- Limited Measurement Window
  - May miss rare, but meaningful behaviors
- Resulting error  $\rightarrow$  underestimates stability
- High cost of work & time







# What to Observe (Design)







# What to Observe

Naturalistic/ Field Design





## What to Observe

Naturalistic/ **Field Design** 

**Experimental** Design

- How do children respond to interpersonal threat?
  - •Development:

Stage-salient task of middle childhood

- Context:
  - Peer Group
- •Function:
  - Reduce exposure to threat





# Naturalistic/Quasi-Naturalistic Design



(Peplar & Craig, 1995)



(Cicchetti & Manly, 1990; Cicchetti et al., 1993)

Naturalistic/ Field Design

- ↑ Ecological validity
- $\downarrow$  Internal validity
  - Multiple, interdependent causes of behavior

Nebraska

Length of assessment



## **Quasi-Experimental/Experimental Design**



## (Ostrov et al., 2004)



(Cicchetti & Manly, 1990; Cicchetti et al., 1993) Naturalistic/ **Field Design** 

- $\downarrow$  Internal validity
  - Multiple, interdependent causes of behavior
- Length of assessment

- ↑ Internal validity

Neprasity of

- Shorter assessments
- Control over confounding variables
  - Random assignment = causal inference



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- $\downarrow$  Internal validity
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Neprasity of

- ↑ Internal validity
- Shorter assessments
- Control over confounding variables
  - Random assignment = causal inference
- ↓ Ecological Validity? Realism



# How to Observe





## **Development & Selection of Codes**

## The Molar-Molecular Continuum



## Complementary approaches







## **Molecular Coding**

- •Key task:
  - Accurately recognize and record relevant actions in behavior streams
- •Uses
  - Tallies and assessment of contingencies

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## **Molecular Coding**

- •Key task:
  - Accurately recognize and record relevant actions in behavior streams
- •Uses
  - Tallies and assessment of contingencies
- •Goal:
  - Assess individual events & states





## **Molecular Coding**



- Events: Discrete behaviors of short duration
  - Frequency of occurrence
    - Examples: Number of hits, Occurrence of praise, Play bids
- States: Behavior patterns with relatively long duration
  - Mean or total duration
  - Proportion of time spent in an activity
  - Examples: Time spent engaged in play, talking



(Martin and Bateson 1995).


### **Molecular Coding**

### **Sampling Methods**

- Focal-Animal Sampling
  - Record all relevant actions of a single individual for a specified time period. (events)

### Instantaneous Sampling

• Record the behavior of a single individual in a group at predetermined time intervals. (states)

### Continuous Sampling

 Recording all activity that occurs while individuals are being watched. (interactions between two or more individuals)

### Scan Sampling

 Record behaviors of all individuals in a group at specified time intervals. (states)



(Altmann, 1974)



# **Molar Coding**

- Key task:
  - Place individuals on psychological dimensions
    - Intensity, frequency, quality of behavior





# **Molar Coding**

- Key task:
  - Place individuals on psychological dimensions
    - Intensity, frequency, quality of behavior
- Conditions:
  - Coders must share a definition of the multiple indicators that constitute the construct
  - Coders make assumptions about what is normal or average on a scale
- •Goal:
  - To assess stable characteristics of the child while controlling for Characteristics of the context (or setting)





1. Not at all characteristic: Child does not display any definitive signs of submissive disengagement.

2.

A Providence

3. **Minimally characteristic:** Child shows minimal signs of submissive disengagement that are weak in form, very mild in intensity (e.g., child is interpreted as experiencing distress somewhere between "very little" and "a little"), well-regulated, and inconsistent and brief across the free-play assessment. Although trained coders notice signs of submissive disengagement, they would generally go unnoticed by the vast majority of laypeople and general occur only during periods of high, direct peer threat.

### 4.

5. **Somewhat characteristic:** Child shows some signs of submissive disengagement that are mild in form and intensity (e.g., child is interpreted as experiencing somewhere between "a little" and "some") and generally well-regulated. Unlike the minimal characteristic designation, submissive disengagement is now interpreted as approaching what would be considered an organized pattern based on its duration and frequency of expression. Although there are some notable instances of submissive disengagement, the overall judgment of the coder is that only highly perceptible laypeople would notice. Thus, it is still commonly regarded as falling within the middle to upper range of normal for submissive disengagement in the context of peer interactions and is primarily encapsulated to instances of direct peer threat and, sometimes, indirect hostility in close proximity to the child.

### 6.

7. **Moderately characteristic:** Child shows signs of submissive behavior that are moderate in form and intensity (e.g., child is interpreted as experiencing somewhere between "some" and "a lot"). Based on the evaluation of the patterning, regularity, and chronicity of behaviors, the expressions of submissive disengagement are now judged to be modestly above the norm for interacting with peers. Taken together, the overall impression is that it takes considerable pains, effort, and resources on the part of the child to achieve some success in regulating the submissive disengagement. As a result, many, if not most, laypeople who are attending to the interaction would be able to note submissive disengagement behaviors as a characteristic of the child and signs of submissive disengagement tend to persist even outside of or persisting long after instances of direct peer threat.

### 8.



Marking the Mark

















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 $\mathsf{Minimal} \rightarrow$ 

None →

### Nepraska

# **Molar Coding**

- Iowa Family Interaction Rating Scales (IFIRS) Melby & Conger
- Autonomy & Relatedness Scale Joseph Allen
- The Classroom Assessment Scoring System (CLASS) Pianta
- System for Coding Interactions in Dyads (SCID) Malik & Lindahl
- Laboratory Temperament Assessment Battery (Lab-TAB) Goldsmith & Rothbart



# A brief note about interrater reliability







- One of the challenges of completing observational coding is achieving and maintaining interrater reliability
  - Categorical: Kappa > .60

### Symmetric Measures

	Value	Asymptotic Standard Error <sup>a</sup>	Approximate T <sup>b</sup>	Approximate Significance
Measure of Agreement Kapp	a .508	.073	7.960	.000
N of Valid Cases	90			

a. Not assuming the null hypothesis.

b. Using the asymptotic standard error assuming the null hypothesis.

### Ethology Classification Lego88 Coder 4 VP \* Ethology Classification Lego88 Coder 1 RS Crosstabulation

Count						
		Ethology (	Classification	n Lego88 Co	der 1 RS	
		1	2	3	4	Total
Ethology Classification	1	36	3	1	1	41
Lego88 Coder 4 VP	2	9	10	4	0	23
	3	2	0	8	0	10
	4	6	3	0	7	16
Total		53	16	13	8	90

(Cicchetti, 1994)



• One of the challenges of completing observational coding is achieving and maintaining interrater reliability

### Continuous: Intraclass Correlation Coefficient (ICC) > .70

	Intraclass Correlation <sup>b</sup>	95% Confid	ence Interval	F	Test with Tr	ue Value O	
		Lower Bound	Upper Bound	Value	df1	df2	Sig
Single Measures	.556 <sup>a</sup>	.488	.622	6.002	197	591	.000
Average Measures	.833°	.792	.868	6.002	197	591	.000

### Intraclass Correlation Coefficient

### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
c1 Attachment total	10.39	22.543	.789	.728
c2 Attachment total	10.14	26.453	.577	.830
c3 Attachment total	9.81	25.696	.761	.748
c4 Attachment total	11.07	29.701	.549	.836

 However, both may be distorted by distributional asymmetries (i.e., high or low values of a behavior)...see alternatives



### (Cicchetti, 1994)

(Heyman, Lorber, Eddy, & West, 2014)



- Achieving reliability
  - Choosing "good" coders
  - Establishing a team
  - Initial phases of training
  - Continuing to maintain reliability





- Achieving reliability
  - Choosing "good" coders
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### This guy.



- Achieving reliability
  - Choosing "good" coders
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  - Initial phases of training
  - Continuing to maintain reliability





- Achieving reliability
  - Choosing "good" coders
  - Establishing a team
  - Initial phases of training
  - Continuing to maintain reliability



### Again, this guy.



- Achieving reliability
  - Choosing "good" coders
  - Establishing a team
  - Initial phases of training
  - Continuing to maintain reliability







- Achieving reliability
  - Choosing "good" coders
  - Establishing a team
  - Initial phases of training
  - Continuing to maintain reliability







Interrater reliability isn't everything

- Reliability across time, context, and lab
- Construct Validity
  - Convergent/discriminate
  - Predictive

 Most convincing evidence – multi-method, multiinformation design





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# Moving towards a personbased approach







# Variable-based vs. Person-based

- Variable-based:
  - Each variable (or characteristic) is related to another
  - Assumes that populations are homogenous
    - Common Analytic Approach: regression, ANOVA, path models



# Variable-based vs. Person-based

- Variable-based:
  - Each variable (or characteristic) is related to another
  - Assumes that populations are homogenous
    - Common Analytic Approach: regression, ANOVA, path models
- Person-based:
  - Differences in the way variables combine within individuals
  - Assumes distinct subgroups within a population
    - Common Analytic Approach: cluster analysis, LCA, LPA











# Profile-Based Coding: Social Defense Strategies







	Function	Form
Mobilizing	Stay ready for threat or opportunity	<ul> <li>Dramatic, overt distress</li> <li>Active fight/flight</li> <li>Social de-escalation</li> </ul>
Dominant	Defeat threat	<ul> <li>Aggression</li> <li>Hostile volatility</li> <li>Minimize vulnerability</li> </ul>
Demobilizing	Lay Low	<ul> <li>Freezing</li> <li>Restrained fear</li> <li>Subtle disengagement</li> <li>Submissive</li> <li>Dysphoric</li> </ul>



### (Martin, Davies, & MacNeill, 2014)



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### (Martin, Davies, & MacNeill, 2014)

	Nebraska Lincoln®					
	Fear	Appeasing Bx	Affected Bx	Anger	Aggression	Indifference
Mobilizing						
Dominant						
Demobilizing						







### **PEP - Molecular Coding**







- Signals potential for harm
- Threats to individual's access to resources (e.g., toys, privileged play space)
- Examples include:
  - Overt expressions of direct hostility and aggression
  - Rejection
  - Angry facial expression & gestures
  - Yelling, screaming, threats



Nebraska

## **PEP - Molecular Coding**

Ethogram

Intervals

Behavior 1. Anxious Face/Gesture
1. Anxious Face/Gesture
2. Freezing
3. Active Flight
4. Comfort-seeking
5. Submissive Disengagement
6. Appeasing behavior
7. Hovering
8. Angry face/Dominant posture
9. Verbal dominance
10. Verbal aggression
11. Physical aggression
12. Relational aggression
13. Tattling
14. Sad Face/Posture
15. Crying
16. Whining
19. Happy Face/Behavior
20. Play Bid
21. Solitary play
22. Social engagement & Play
23. Rough & Tumble play



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# PEP – Latent Class Analysis

And - West



- affiliation
- exploration
- assertiveness
- 🗉 fearful distress
- affected bx
- 🔳 dysphoria
- submissive disengagement appeasing
- anger
- aggression
- affective indifference


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- 10 - 6



- affiliation
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# Dimensional

1. Not at all characteristic: Child does not display any definitive signs of submissive disengagement.

2.

3. Minimally characteristic: Child shows minimal signs of submissive disengagement.4.

5. Somewhat characteristic: Child shows some signs of submissive disengagement6.

7. **Moderately characteristic:** Child shows signs of submissive behavior that are moderate in form and intensity

8.

9. Mainly characteristic: Child shows signs of submissive disengagement that are strong in form and intensity

Nebraska Lincoln

# **Profile-based**

 Not at all characteristic: Child displays no signs or rare signs of mobilizing-insecure profile.
 2.

Relatively uncharacteristic: The child's level, quality, and patterning of responses indicates that the child shows minimal signs of mobilization.
 4.

5. Neither characteristic nor uncharacteristic: Across the interaction, the intensity, frequency, and quality of child responses is neither characteristic nor uncharacteristic of mobilizing strategies.
6.

7. Relatively characteristic: The patterning, intensity, and consistency of child responses across the interaction are relatively characteristic of the mobilizing profile.
8.

9. **Highly characteristic**: The child overwhelmingly (i.e., always or almost always) exhibits prototypical signs of mobilization across the interaction.



S STRONG - WAL

**Mobilizing-Insecure:** Mobilizing patterns of responding to peer threat are theorized to reflect sensitization of the SDS. The pattern specifically reflects a high sensitivity to interpersonal threat (i.e., high avoidance motivation) in conjunction with relatively high psychological stakes in maintaining social ties (i.e., moderate to high approach motivation). The significance of the threat and high stakes in social relationships are specifically reflected in unvarnished, blatant, and direct expressions of mobilizing (i.e., arousing) forms of distress (e.g., multiple anxious facial expressions and gestures), as well as behaviors reflecting the dynamic between approach and avoidance (i.e., hovering behavior). High levels of vulnerable forms of affect are also typically displayed in intense, dramatic, and demonstrative ways (i.e., affected behaviors; appeasing) that may involve clinginess, whining, anguish (e.g., fretting, crying), and immature (e.g., babyish tone of voice or verbalizations) behavior that serve to draw peer or adult attention in a dramatic but largely nonthreatening manner. Although these behaviors may be aversive or annoying to many individuals in the peer group, but their purpose is to forge, maintain, and/or intensify alliances and support from a few social group members. This pattern of behavior commonly, but not always, occurs in conjunction with: (a) bouts of submissive, appeasing, overbright, or ingratiating behavior towards peers (especially high-status peers), (b) attempts to solicit comfort from adults in the classroom, gain peers' sympathy, or form alliances with one peer against another, <u>and/or</u> (c) some aggressive or hostile behaviors, typically expressed in vulnerable, immature ways. On the other hand, high levels of masking, preoccupation, or social disengagement do not commonly distinguish children who are high and low on mobilizing behavior because the assessment reflects withdrawal or masking of affect and, thus, do not signify the exaggerated, direct, or blatant expressions of distress and immersion in peer problems.



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### Adjustment

ADHD symptoms
Behavioral Undercontrol

Aggression
Low Vulnerability
Behavioral Undercontrol

High internalizing
Behavioral over-control
Social withdrawal



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	Function	Form
Mobilizing	Stay ready for threat or opportunity	<ul> <li>Dramatic, overt distress</li> <li>Active fight/flight</li> <li>Social de-escalation</li> </ul>
Dominant	Defeat threat	<ul> <li>Aggression</li> <li>Hostile volatility</li> <li>Minimize vulnerability</li> </ul>
Demobilizing	Lay Low	<ul> <li>Freezing</li> <li>Restrained fear</li> <li>Subtle disengagement</li> <li>Submissive</li> <li>Dysphoric</li> </ul>



### Adjustment

ADHD symptoms
Behavioral Undercontrol

Aggression
Low Vulnerability
Behavioral Undercontrol

High internalizing
Behavioral over-control
Social withdrawal



Dominant

M = 3.32,

SD = 2.18

# **Preliminary Validity Tests**

## Sample:

- 109 boys (ages 6-11); Groups of 8
- 63% had minority backgrounds; High risk
- 40-minute free-play session

# Ratings

- Ratings from 1 (Not at all characteristic of profile) to 9 (Highly *characteristic of profile*)
- ICC ranged from .80 -.87

Mobilizing

M = 3.74,

SD = 1.96



### Demobilizing M = 3.32,SD = 1.94

### Nebraska **Preliminary Validity Tests**



## **Counselor Reports**

- California Child Q-set (Block & Block, 1980)
  - ADHD Symptoms
    - Hyperactive, Can't hold attention
  - Ego Undercontrol
    - Poor control of emotions and behavior, Can't wait
  - Social Competence
    - Behaves in a socially acceptable way
- Teacher Report Form
  - Externalizing Problems
    - Aggression, delinquency
  - Internalizing Symptoms
    - Anxiety/Depression, Withdrawal

# (Achenbach & Edlebrock, 1983)





### Nebraska Lincoln® **Preliminary Validity Tests**

- We



Externalizing Problems

**ADHD** 

Social Competence

Ego **Undercontrol** 

Internalizing Problems

approved the



Externalizing Problems

> ADHD Symptoms

Social Competence

Ego Undercontrol

Internalizing Problems

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Externalizing Problems

> ADHD Symptoms

Social Competence

Ego Undercontrol

Internalizing Problems



# Why might this matter?

- Theory-testing
- If we can accurately identify meaningful social defense patterns:
  - Increase precision & specificity in identifying children at risk for particular types of dysfunction

# ngrui ntifying



# What's the point?







# **Profile-based coding**

Same and





# **Profile-based coding**

Same and





# Thank you!

- Patrick Davies
- Melissa Sturge-Apple
- Dante Cicchetti
- Fred Rogosch

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- ISHE (Owen F. Aldis Award)
- The Mt. Hope Family Center
- The many children, teachers, and parents who participated in this research

My graduate and undergraduate research assistants

