

# New developments in structural equation modeling

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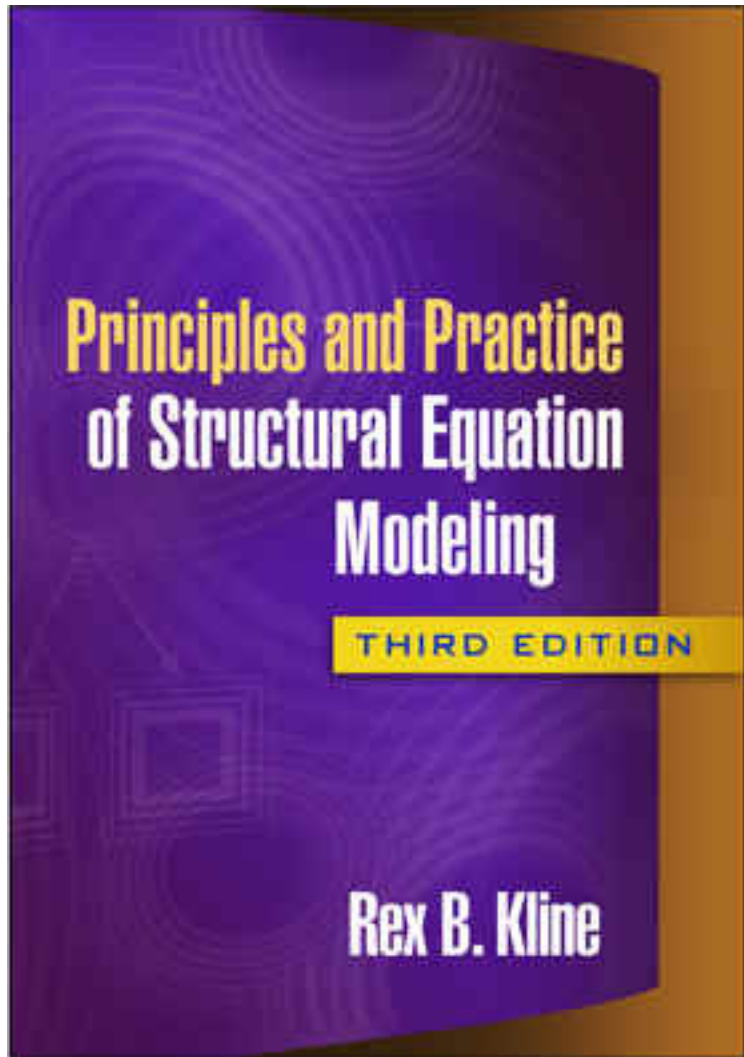
Set A: SCM

UNL Methodology Workshop





Welcome



A3

**BACK  
SPACE**

# Topics

- Graph theory
- Mediation:
  - Design
  - Conditional
  - Causal

# Topics

- Graph theory:

Pearl's SCM

Causal reasoning

Causal estimation

# Topics

- Mediation:

Design requirements

Conditional process modeling

Cause × mediator (SCM)

# Graph theory



- Pearl, J. (2009a). Causal inference in statistics: An overview. *Statistics Surveys*, 3, 96–146.
- Pearl, J. (2009b). *Causality: Models, reasoning, and inference* (2nd ed.). New York: Cambridge University Press.
- Pearl, J. (2012). The causal foundations of structural equation modeling. In R. H. Hoyle (Ed.), *Handbook of structural equation modeling* (pp. 68–91). New York: Guilford Press.



# Graph theory



- Bollen, K. A., & Pearl, J. (2013). Eight myths about causality and structural equation models. In S.L. Morgan (Ed.), *Handbook of causal analysis for social research* (pp. 301–328). New York: Springer.
- Cole, S. R., Platt, R. W., Schisterman, E. F., Chu, H., Westreich, D., Richardson, D., & Poole, C. (2010). Illustrating bias due to conditioning on a collider. *International Journal of Epidemiology*, 39, 417–420
- Elwert, F. (2013). Graphical causal models. In S. L. Morgan (Ed.), *Handbook of causal analysis for social research* (pp. 245–273). New York, NY: Springer.

# Graph theory



- Elwert, F. (2014). Endogenous selection bias: The problem of conditioning on a collider variable. *Annual Review of Sociology*, 40, 31–53.
- Glymour, M. M. (2006). Using causal diagrams to understand common problems in social epidemiology. In M. Oakes & J. Kaufman (Eds), *Methods in social epidemiology* (pp. 387–422). San Francisco: Jossey-Bass.
- Hayduk, L., Cummings, G., Stratkotter, R., Nimmo, M., Grygoryev, K., Dosman, D., ... Boadu, K. (2003). Pearl's d-separation: One more step into causal thinking. *Structural Equation Modeling*, 10, 289–311.

# Graph theory



- Kenny, D. A. (2014). Mediation. Retrieved from <http://davidakenny.net/cm/mediate.htm#CI>
- Shipley, B. (2000). A new inferential test for path models based on directed acyclic graphs. *Structural Equation Modeling*, 7, 206–218.
- Spector, P. E., & Brannick, M. T. (2011). Methodological urban legends: The misuse of statistical control variables. *Organizational Research Methods*, 14, 287–305.

# Graph theory



- Knüppel, S., & Stang, A. (2010). DAG Program: Identifying minimal sufficient adjustment sets. *Epidemiology*, 21, 159. <http://epi.dife.de/dag/>
- Porter, K., Poole, D., Kisynski, J., Sueda, S., & Knoll, B., Mackworth, A., ... Hoos, H., Gorniak, P., & Conati, C. (1999–2009). Belief and Decision Network Tool (Version 5.1.10) (computer software). <http://aispace.org/bayes/>
- Textor, J., Hardt, J., & Knüppel, S. (2011). DAGitty: A graphical tool for analyzing causal diagrams. *Epidemiology*, 5, 745. <http://www.dagitty.net/>

# Mediation



- Design:

Cheung, J., & MacKinnon, D. P. (2012). Mediation/indirect effects in structural equation modeling. In R. H. Hoyle (Ed.), *Handbook of structural equation modeling* (pp. 417–435). New York: Guilford Press.

Little, T. D. (2013). *Longitudinal structural equation modeling*. New York, NY: Guilford.

MacKinnon, D. P. (2011). Integrating mediators and moderators in research design. *Research on Social Work Practice, 21*, 675–681.

# Mediation



- Design:

Maxwell, S. E., & Cole, D. A. (2007). Bias in cross-sectional analyses of longitudinal mediation. *Psychological Methods, 12*, 23–44.

Selig, J. P., & Preacher, K. J. (2009). Mediation models for longitudinal data in developmental research. *Research in Human Development, 6*, 144–164.

Wu, A. D., & Zumbo, B. D. (2008). Understanding and using mediators and moderators. *Social Indicators Research, 87*, 367–392.

# Mediation



- Conditional:

Edwards, J. R., & Lambert, L. S. (2007). Methods for integrating moderation and mediation: A general analytical framework using moderated path analysis. *Psychological Methods, 12*, 1–22.

Hayes, A. F. (2013). *Introduction to mediation, moderation, and process control analysis: A regression-based approach*. New York: Guilford Press.

# Mediation



- Conditional:

Hayes, A. F., & Preacher, K. J. (2013). Conditional process modeling: Using structural equation modeling to examine contingent causal processes, In G. R. Hancock & R. O. Mueller (Eds.), *Structural equation modeling: A second course* (pp. 219–266). Charlotte: IAP.

Preacher, K. J., Rucker, D. D., & Hayes, A. F. (2007). Addressing moderated mediation hypotheses: Theory, methods, and prescriptions. *Multivariate Behavioral Research*, 42, 185–227.



# Mediation



- Causal:

Bullock, J. G., Green, D. P., & Ha, S. E. (2010). Yes, but what's the mechanism? (Don't expect an easy answer). *Journal of Personality and Social Psychology*, 98, 550–558.

Imai, K., Keele, L., & Yamamoto, T. (2010) Identification, inference and sensitivity analysis for causal mediation effects. *Statistical Science*, 25, 51–71.

# Mediation



- Causal:

Lange, T., Vansteelandt, S., & Bekaert, M. 2012). A simple unified approach for estimating natural direct and indirect effects. *American Journal of Epidemiology*, 176, 190–195.

Pearl, J. (2014). Interpretation and identification of causal mediation. *Psychological Methods*. Advance online publication. <http://dx.doi.org/10.1037/a0036434>

# Mediation



- Causal:

Petersen, M. L., Sinisi, S. E., & van der Laan, M. J. (2006). Estimation of direct causal effects. *Epidemiology*, *17*, 276–284.

Valeri, L., & VanderWeele, T. J. (2013). Mediation analysis allowing for exposure–mediator interactions and causal Interpretation: Theoretical assumptions and implementation with SAS and SPSS macros. *Psychological Methods*, *18*, 137–150.

# Mediation



- Hicks, R., & Tingley, D. H. (2012). MEDIATION: Stata module for causal mediation analysis and sensitivity analysis [computer software].  
<http://EconPapers.repec.org/RePEc:boc:bocode:s457294>
- Muthén, B. O. (2011). Applications of causally defined direct and indirect effects in mediation analysis using SEM in Mplus.  
<https://www.statmodel.com/download/causalmediation.pdf>
- Tingley, D., Yamamoto, T., Hirose, K., Keele, L., & Imai, K. (2014). Package 'mediation' [computer software].  
<http://cran.r-project.org/web/packages/mediation/>

# Intro to SCM

- Unifies:

Parametric & nonparametric

SEM and potential outcomes

Data, graphical analysis

# Intro to SCM

- Alternative to path analysis
- SEM program not needed
- But not latent variable models

# Intro to SCM

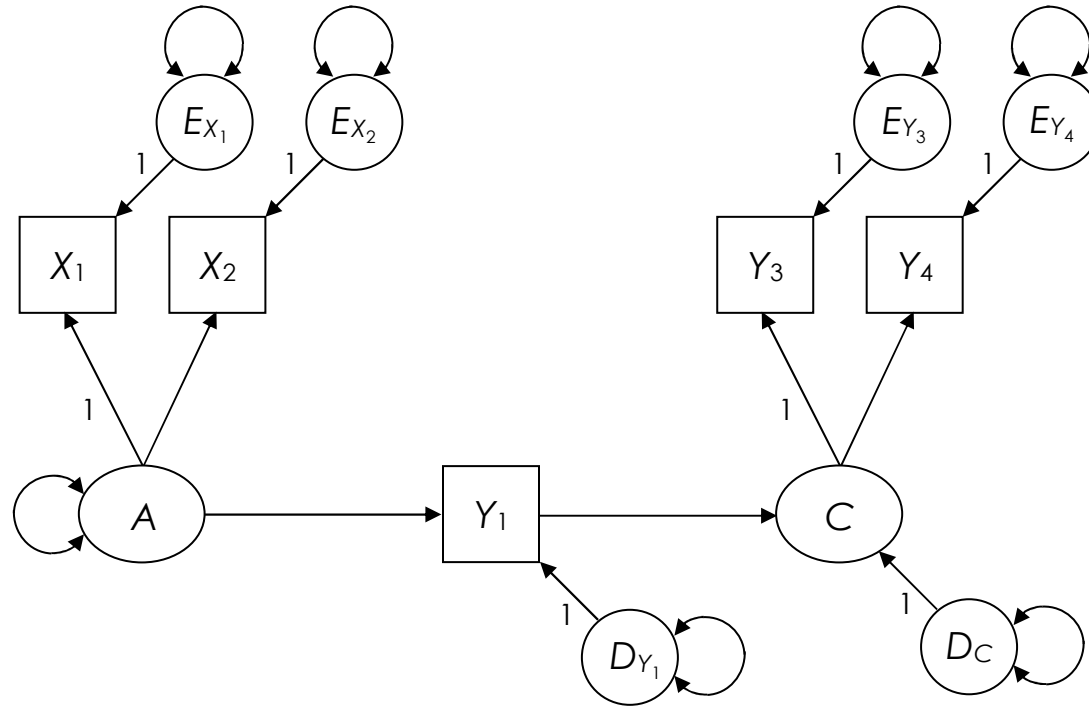
- Hayduk, L. A. & Littvay, L. (2012). Should researchers use single indicators, best indicators, or multiple indicators in structural equation models? *BMC Medical Research Methodology*, 12(159).  
<http://www.biomedcentral.com/1471-2288/12/159>

# Intro to SCM

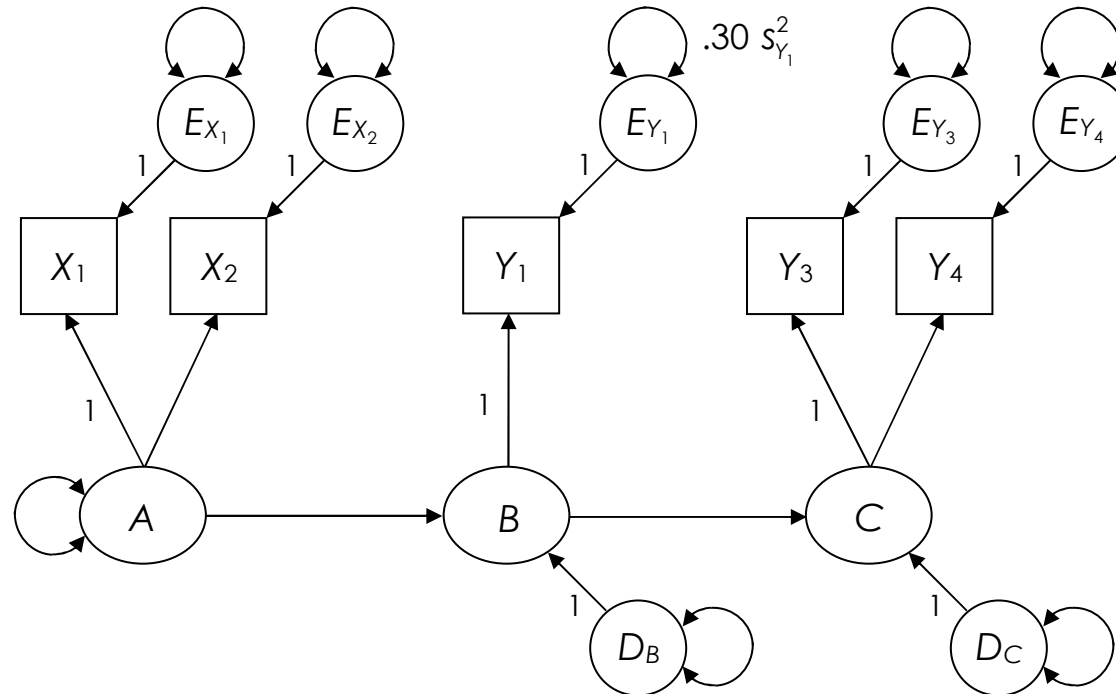
- Multiple indicators
- Some weak
- Best indicator is better

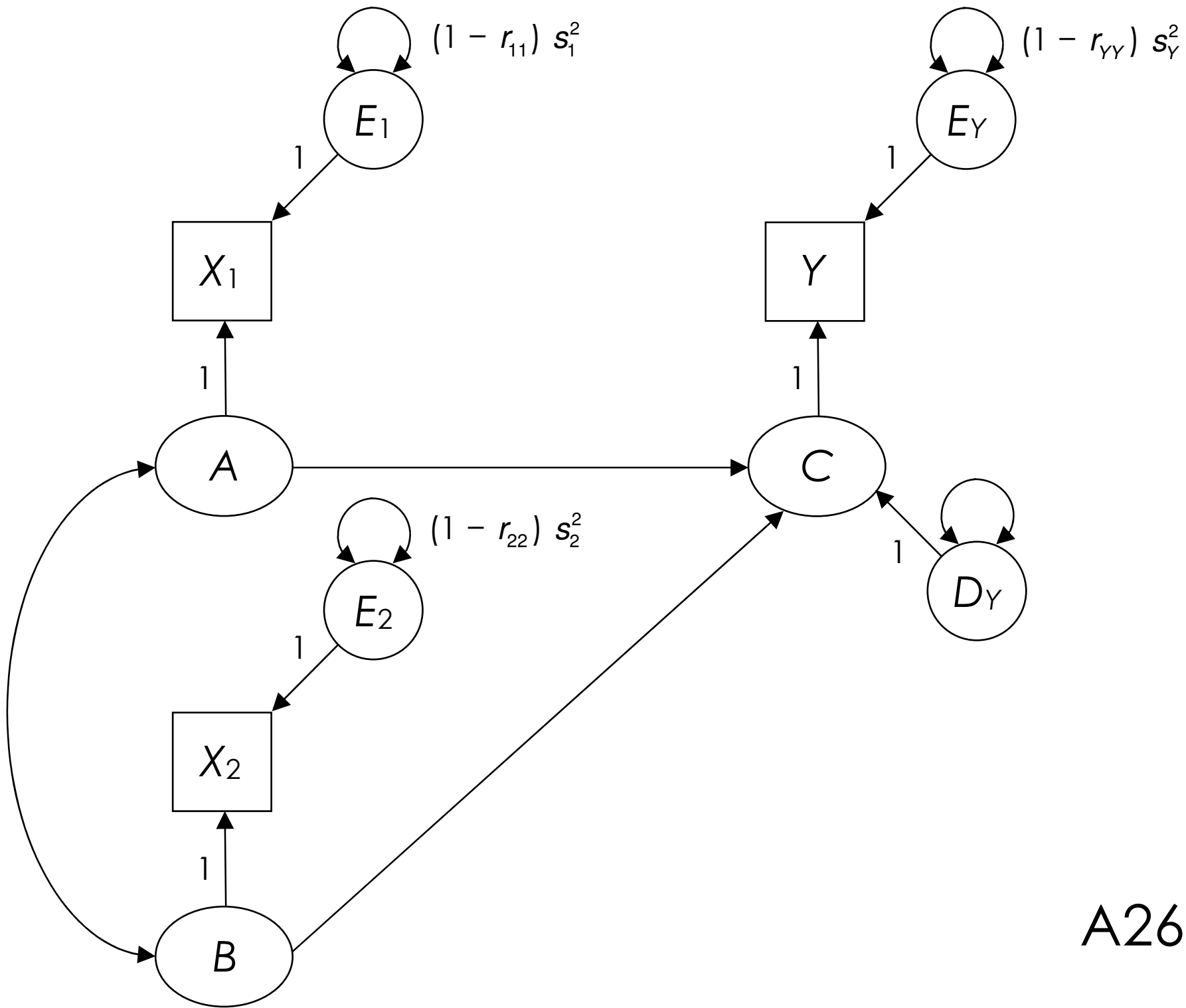


(a) Single endogenous indicator



(b)  $r_{YY} = .70$  for  $Y_1$





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# Intro to SCM

- Bayesian networks
- Graph structure
- Dependence relations

# Intro to SCM

- Hypotheses as graphs
- Directly analyze graph (no data)
- Computer tools

# Intro to SCM

- Nonparametric causal models
- Ideas (no operationalization)
- Study planning

# Intro to SCM

- Directed acyclic graph (DAG)
- Directed cyclic graph (DCG)
- Recursive, nonrecursive

# Intro to SCM

- Causal effects identified?
- If no, what should be measured?
- If yes, how many estimates?

# Intro to SCM

- Identified model not required
- Estimate what you can
- Acknowledge info. gap for rest



# Intro to SCM

- Regression analysis
- Causal model
- Covariate selection

# Intro to SCM

- Bring on the data
- Model predictions
- Conditional independences

# Intro to SCM

- All testable hypotheses
- Vanishing partial correlations
- Vanishing tetrads

# SCM vocabulary

- Nodes, vertices (variables)
- Arcs, edges, links (paths)
- Adjacent ( $\rightarrow$ ), nonadjacent

# SCM vocabulary

- Parents, ancestors
- Children, descendants
- Path is any sequence of edges

# SCM vocabulary

- Directed path (causal)
- Undirected path (noncausal)

# SCM vocabulary

- Open (unblocked) path
- Closed (blocked) path

# SCM vocabulary

- Front-door path (causal)
- Back-door path (biasing)



# SCM vocabulary

- Estimate causal effect
- Block all open biasing paths
- Do not open any blocked path

# SCM vocabulary

- Ways to block or open paths:

Covariates

Sampling

# Basic graphs

- Chain:

$$X \rightarrow W \rightarrow Y$$

# Basic graphs

- Conditional independence:

$$X \rightarrow W \rightarrow Y$$

$$X \perp Y \mid W$$

# Basic graphs

- Fork:

$$X \leftarrow W \rightarrow Y$$

# Basic graphs

- Conditional independence:

$$X \leftarrow W \rightarrow Y$$

$$X \perp Y \mid W$$

# Basic graphs

- Inverted fork (collider):

$$X \rightarrow W \leftarrow Y$$

$$X \perp Y$$

# Basic graphs

- Special role of colliders:

Controlling for a collider  
(or descendant) opens a  
blocked path



# Basic graphs

- Special role of colliders:

Controlling for a common outcome induces a spurious association between unrelated causes

# Basic graphs

- Special role of colliders:

Controlling for a common outcome adds a spurious component to related causes

# Basic graphs

- Inverted fork (collider):

$$X \rightarrow W \leftarrow Y$$

$$X \perp Y$$

$$X \not\perp Y \mid W$$

# Basic graphs

- Control for a collider (statistical):

$$r_{XY} = 0 \quad r_{YW} = .40 \quad r_{XW} = .30$$

$$r_{XY \cdot W} = -.14$$

# Basic graphs

- Control for a collider (sampling):

Speed  $\rightarrow$  Fatalities  $\leftarrow$  Alcohol

# Basic graphs

- Descendant of a collider:

$$X \rightarrow W \leftarrow Y$$



A

$$X \not\perp Y \mid A$$

# Covariates

- Achen, C. H. (2005). Let's put garbage-can regressions and garbage-can probits where they belong. *Conflict Management and Peace Science*, 22, 327–339.

# Covariates

- Regression assumes:

No causal effects  
between predictors

Single equation



# Basic graphs

- Overcontrol bias:

$$X \rightarrow W \rightarrow Y$$

$$X \perp Y \mid W$$

$$Y \text{ on } (X, W), B_X = 0$$

# Basic graphs

- Endogenous selection bias:

$$X \rightarrow W \leftarrow Y$$

$$X \perp Y$$

$$Y \text{ on } (X, W), B_X \neq 0$$

# d-Separation

- Conditional independences
- Testable implications
- Basis for identification

# d-Separation

- $Z$  d-separates  $X, Y$  if
  1.  $Z$  closes all open paths
  2.  $Z$  opens no blocked path

$$\underline{X} \rightarrow A \rightarrow \underline{B} \rightarrow Y$$

$$X \perp B \mid A$$

$$X \rightarrow \underline{A} \rightarrow B \rightarrow \underline{Y}$$

$$A \perp Y \mid B$$

$$\underline{X} \rightarrow A \rightarrow B \rightarrow \underline{Y}$$

$$X \perp Y \mid A$$

$$X \perp Y \mid B$$

$$X \perp Y \mid (A, B)$$

http://www.dagitty.net/dags.html | DAGitty v2.0

Model | Examples | How to ... | Layout | Help

Path and variable display

- highlight causal paths
- highlight biasing paths
- highlight ancestors

Legend

- exposure
- outcome
- ancestor of exposure
- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s)  
outcome(s)  
covariates **4**  
causal paths **0**

Adjustment for total effect

It is impossible to estimate the total effect by covariate adjustment.

Adjustment for direct effect

Total and direct effects are equal in this model.

Testable implications

The model implies the following conditional independences:

- $A \perp Y \mid B$
- $B \perp X \mid A$
- $X \perp Y \mid B$
- $X \perp Y \mid A$

Model text data

```
A 1 @-0.956,-0.264
B 1 @-0.208,-0.264
X 1 @-1.799,-0.264
Y 1 @0.665,-0.264
```

A B  
B Y  
X A

```
graph LR
  X((X)) --> A((A))
  A --> B((B))
  B --> Y((Y))
```

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$$\underline{X} \rightarrow A \leftarrow \underline{B} \rightarrow Y$$

$$X \perp B$$

$$X \not\perp B \mid A$$

$$X \rightarrow \underline{A} \leftarrow B \rightarrow \underline{Y}$$

$$A \perp Y \mid B$$

$$\underline{X} \rightarrow A \leftarrow B \rightarrow \underline{Y}$$

$$X \perp Y$$

$$X \perp Y \mid B$$

$$X \not\perp Y \mid A$$

http://www.dagitty.net/dags.html | DAGitty v2.0

Model | Examples | How to ... | Layout | Help

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- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s)  
outcome(s)  
covariates **4**  
causal paths **0**

```

graph LR
  X((X)) --> A((A))
  B((B)) --> A
  B --> Y((Y))
  A --> Y
  style X fill:#ccc
  style A fill:#ccc
  style B fill:#ccc
  style Y fill:#ccc
  linkStyle 0 stroke:#008000
  linkStyle 1 stroke:#008000
  linkStyle 2 stroke:#ff0000
  linkStyle 3 stroke:#ff0000
  
```

Adjustment for total effect

It is impossible to estimate the total effect by covariate adjustment.

Adjustment for direct effect

Total and direct effects are equal in this model.

Testable implications

The model implies the following conditional independences:

- $A \perp Y \mid B$
- $B \perp X$
- $X \perp Y$

Model text data

```

A 1 @-0.968,-0.264
B 1 @-0.199,-0.264
X 1 @-1.799,-0.264
Y 1 @0.670,-0.264
B A
X A
Y B
  
```

150%

A68

http://www.dagitty.net/dags.html | DAGitty v2.0

Model | Examples | How to ... | Layout | Help

Path and variable display  
 highlight causal paths  
 highlight biasing paths  
 highlight ancestors  
 Legend

exposure  
 outcome  
 ancestor of exposure  
 ancestor of outcome  
 ancestor of exposure and outcome  
 adjusted variable  
 unobserved (latent)  
 other variable  
 causal path  
 biasing path

Summary  
 exposure(s)  
 outcome(s)  
 covariates **5**  
 causal paths **0**

Adjustment for total effect  
 It is impossible to estimate the total effect by covariate adjustment.

Adjustment for direct effect  
 Total and direct effects are equal in this model.

Testable implications  
 The model implies the following conditional independences:
 

- $A \perp Y$
- $B \perp X \mid A$
- $B \perp C \mid A, Y$
- $X \perp Y$
- $X \perp C \mid A$

Model text data  
 A 1 @-0.968,-0.264  
 B 1 @-0.147,-0.269  
 C 1 @-0.161,-0.259  
 X 1 @-1.799,-0.264  
 Y 1 @0.670,-0.264  
 A B C  
 X A  
 Y B C

```

    graph LR
      X((X)) --> A((A))
      A --> B((B))
      A --> C((C))
      Y((Y)) --> B
      Y --> C
  
```

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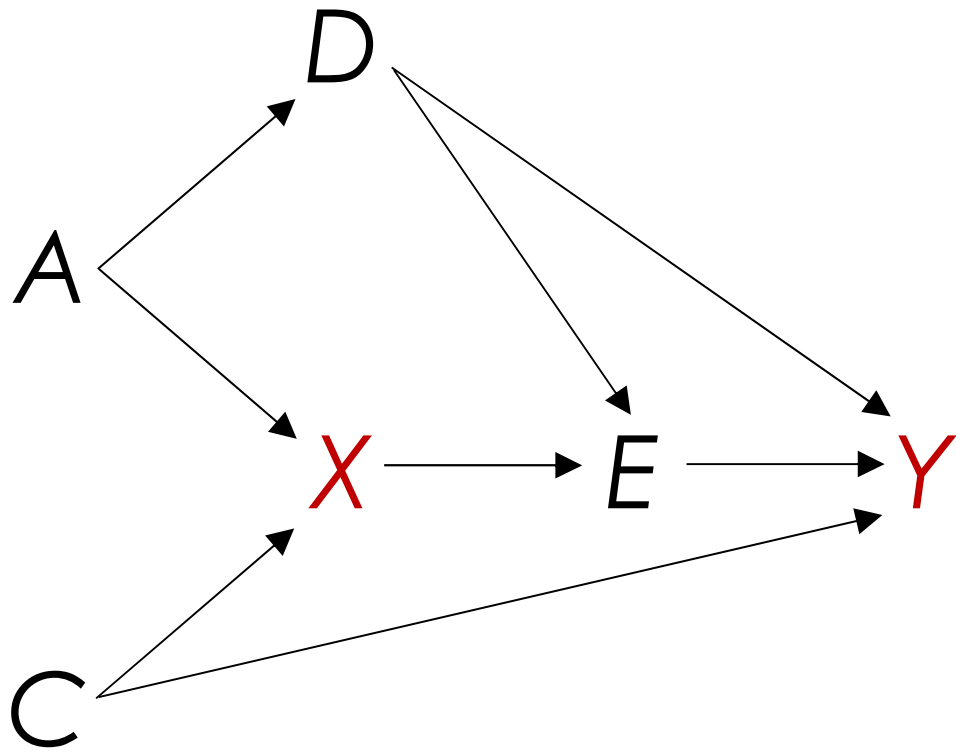
A69

# Identification

- Graphical criteria
- Sufficient (deconfounding) set
- Removes all noncausal aspects

# Identification

- Back-door criterion (total effects)
- Closes biasing (back-door) paths
- Leaves only causal

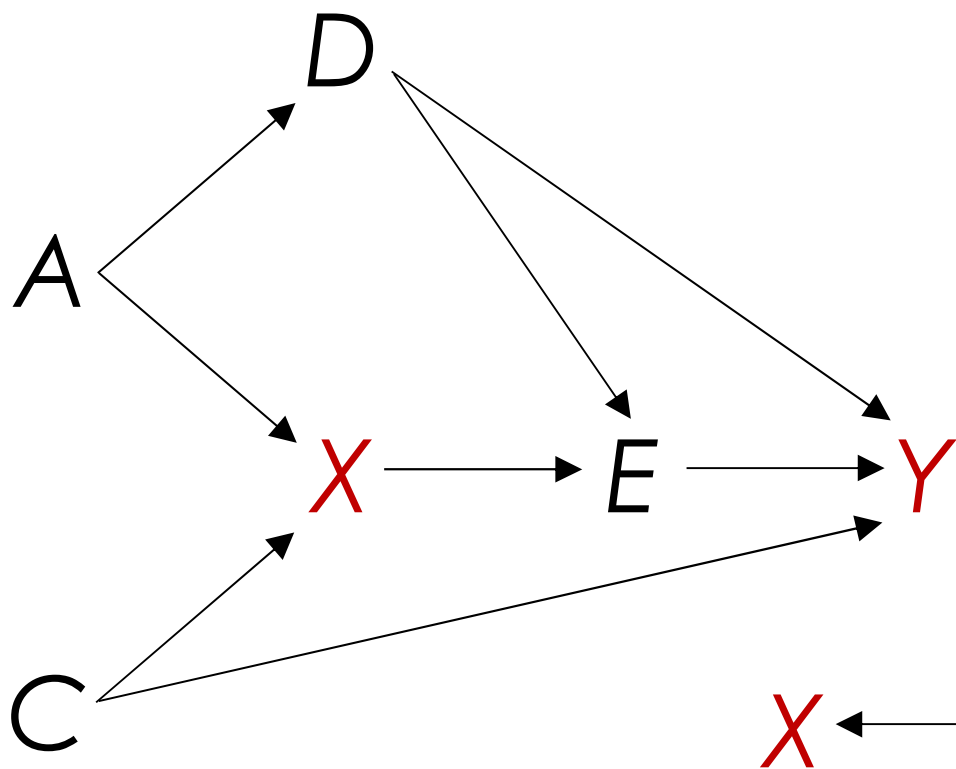


Causal

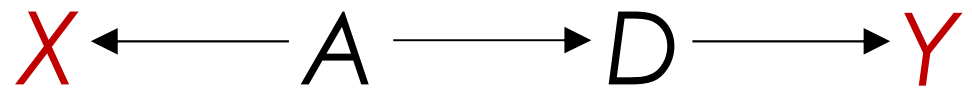


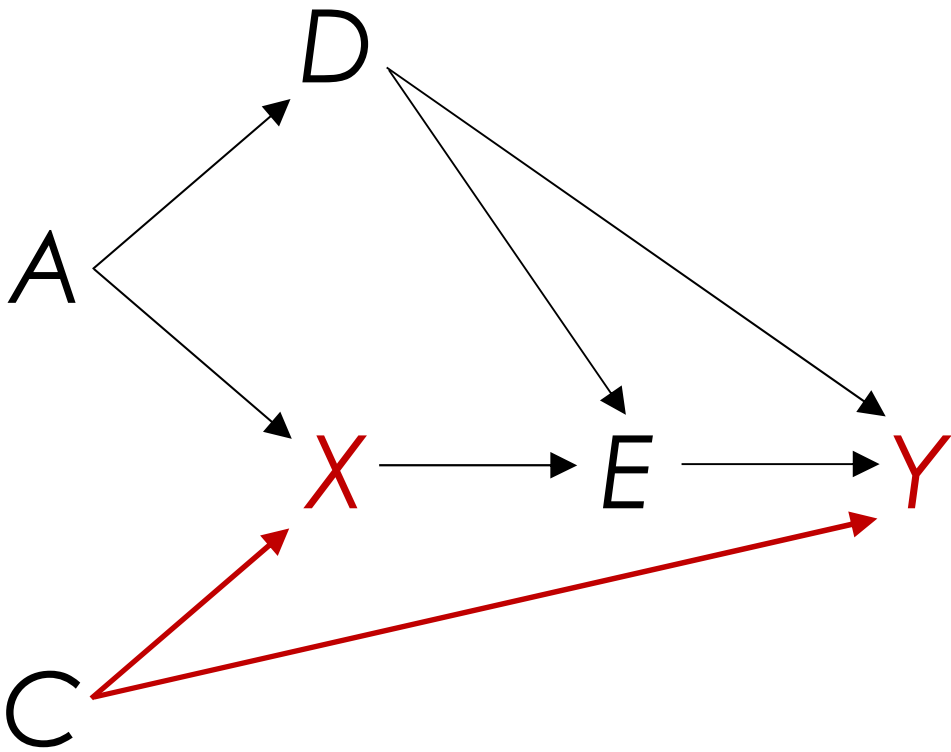
A72



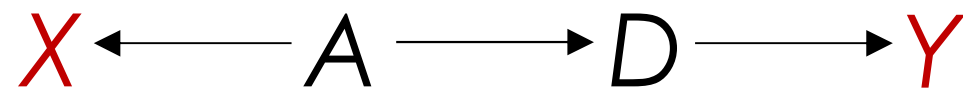
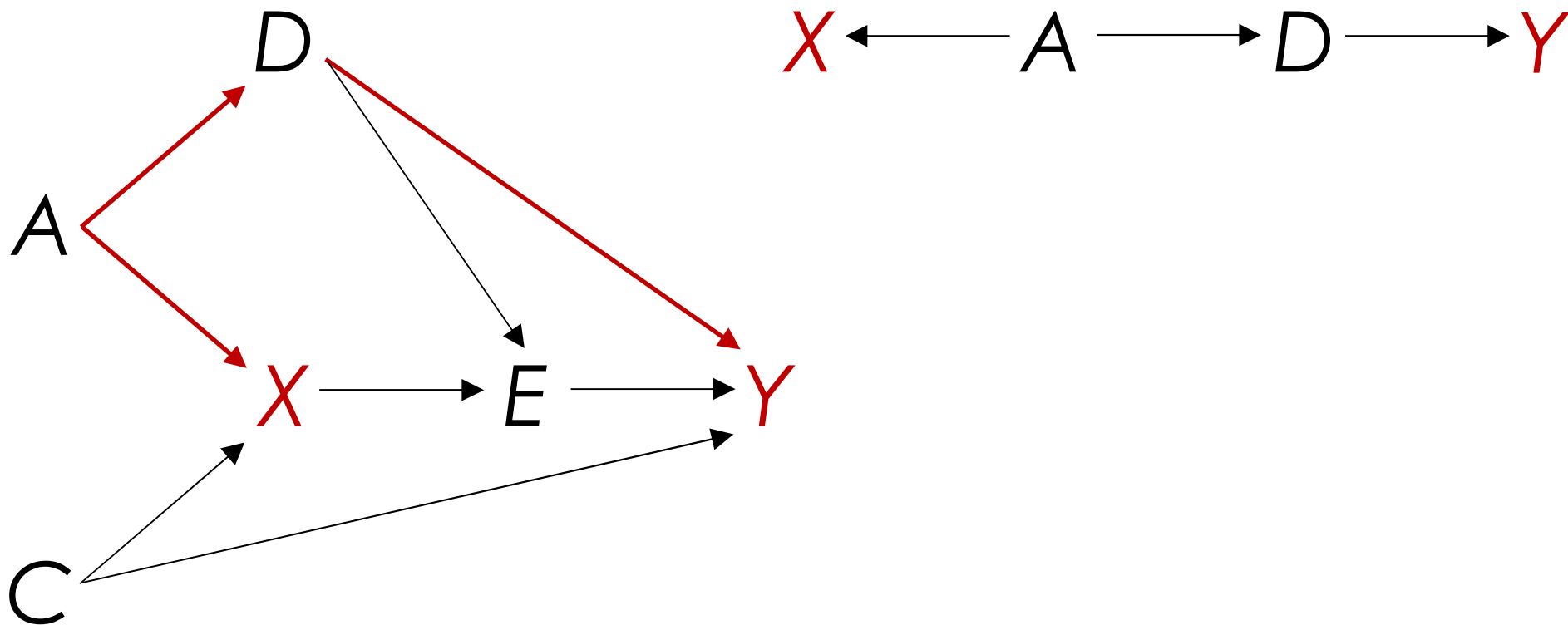


Back-door

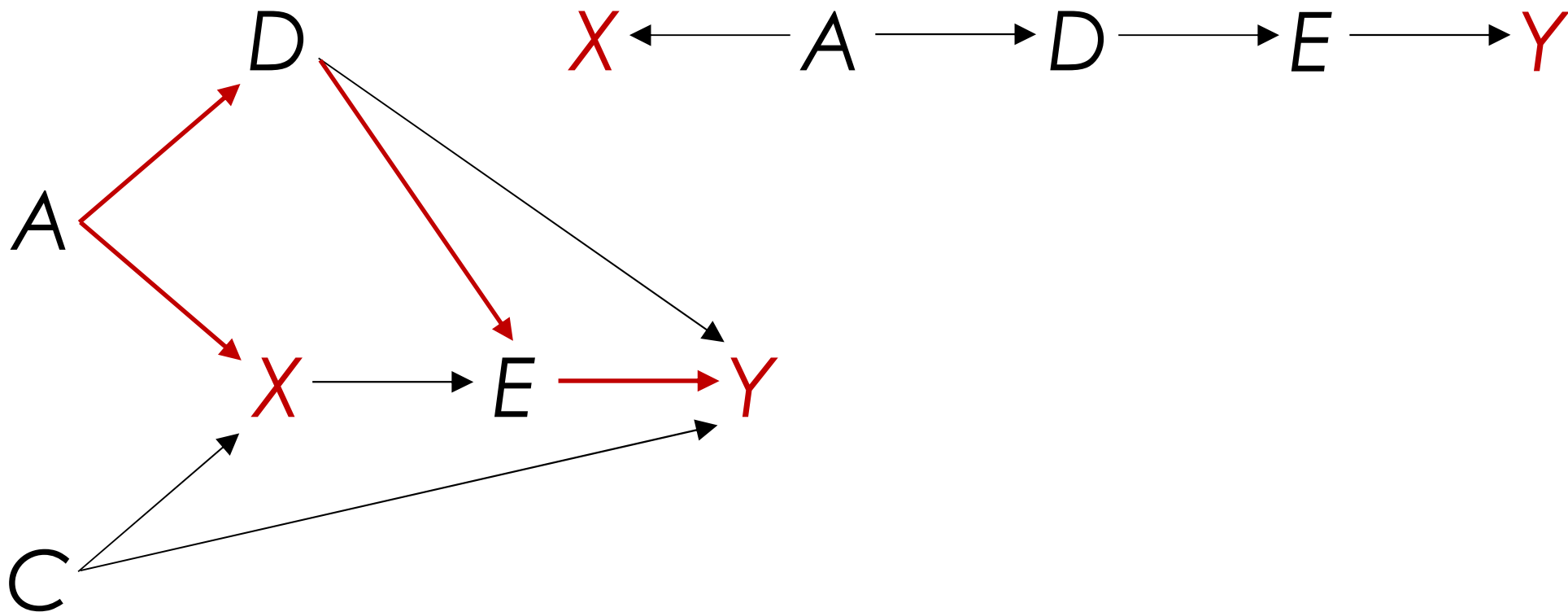




A74



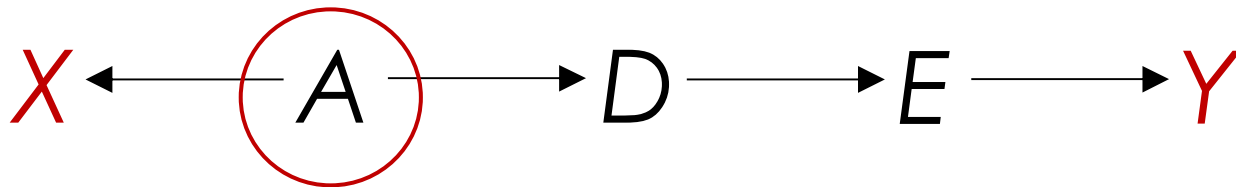
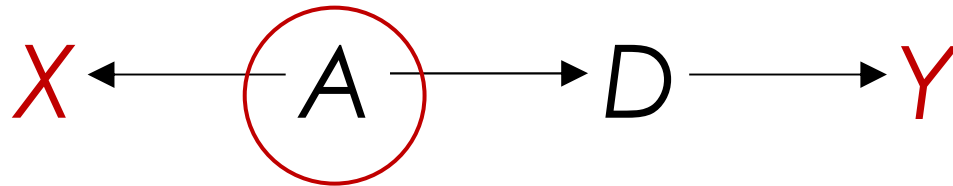
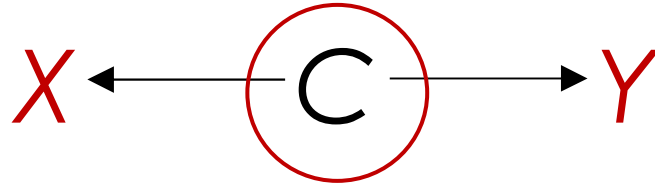
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$$X \longleftarrow A \longrightarrow D \longrightarrow E \longrightarrow Y$$

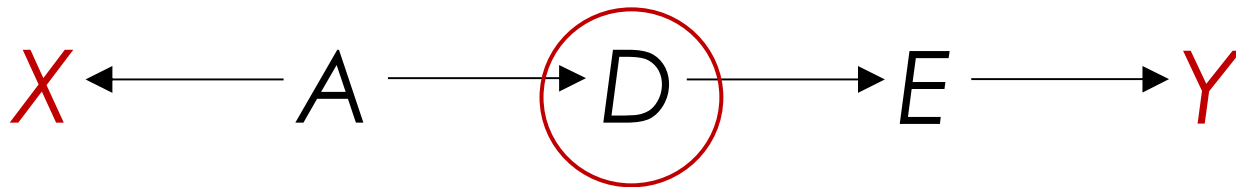
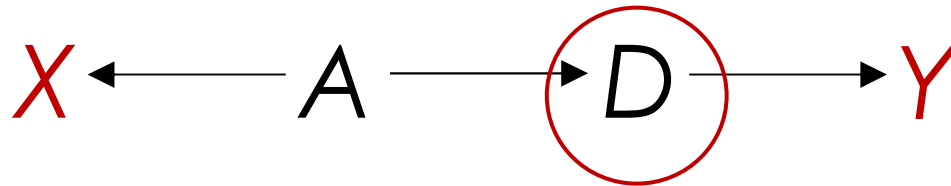
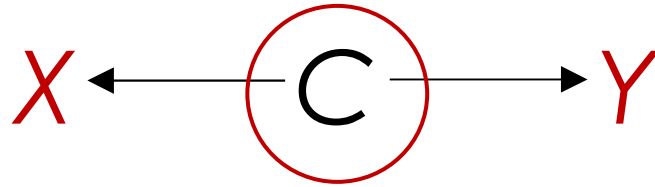
A76

# Back-door

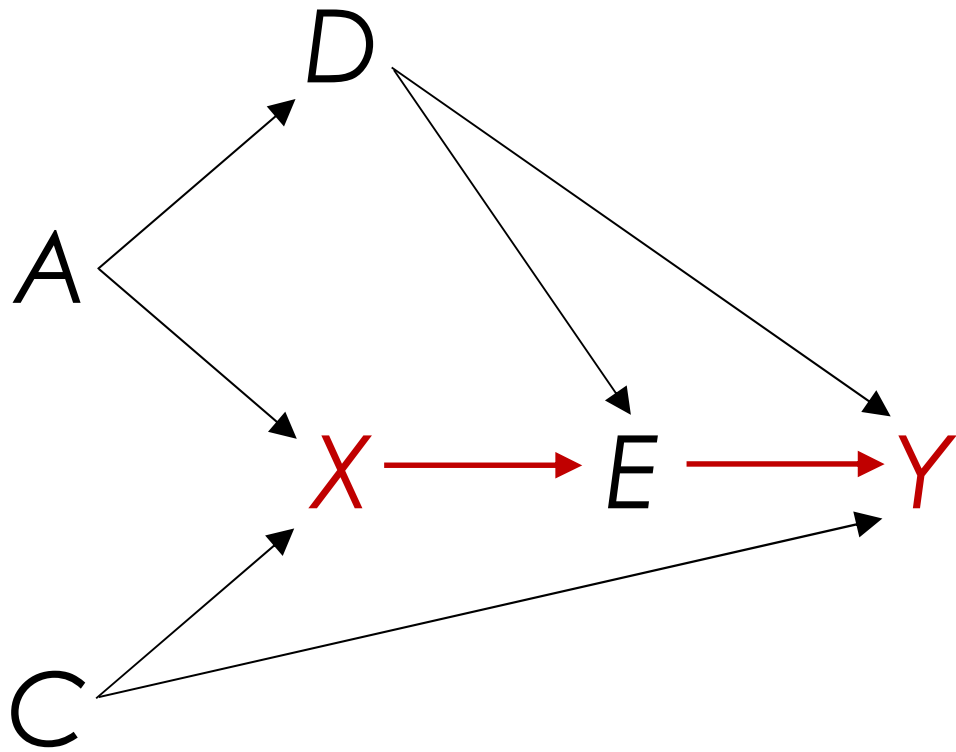


$Y$  on  $(X, A, C)$

# Back-door



$Y$  on  $(X, C, D)$



$Y$  on  $(X, A, C)$

$Y$  on  $(X, C, D)$

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Model | Examples | How to ... | Layout | Help

Path and variable display

- highlight causal paths
- highlight biasing paths
- highlight ancestors

Legend

- exposure
- outcome
- ancestor of exposure
- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s) **X**  
 outcome(s) **Y**  
 covariates **4**  
 causal paths **1**

```

  graph TD
    A((A)) --> D((D))
    A((A)) --> X((X))
    C((C)) --> D((D))
    C((C)) --> X((X))
    C((C)) --> Y((Y))
    D((D)) --> X((X))
    D((D)) --> E((E))
    D((D)) --> Y((Y))
    X((X)) --> E((E))
    E((E)) --> Y((Y))
  
```

Adjustment for total effect

Minimal sufficient adjustment sets for estimating the total effect of X on Y:

- {A, C}
- {C, D}

Adjustment for direct effect

Minimal sufficient adjustment sets for estimating the direct effect of X on Y:

- {C, D, E}

Testable implications

The model implies the following conditional independences:

- $A \perp E \mid D, X$
- $A \perp C$
- $A \perp Y \mid C, D, E$
- $A \perp Y \mid C, D, X$
- $D \perp C$
- $D \perp X \mid A$
- $E \perp C \mid A, X$
- $E \perp C \mid D, X$
- $X \perp Y \mid C, D, E$

Model text data

```

A 1 @-1.682,-0.770
C 1 @-1.679,1.082
D 1 @-0.937,-1.637
E 1 @0.018,0.035
X E @-0.956,0.062
  
```

A80



# Identification

- Single-door criterion (direct)
- Recursive, linear, continuous
- Multiple estimates

# Identification

- Single-door criterion ( $D \rightarrow Y$ )
- Delete  $\rightarrow$
- Sufficient set d-separates

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Model | Examples | How to ... | Layout | Help

Path and variable display

- highlight causal paths
- highlight biasing paths
- highlight ancestors

Legend

- exposure
- outcome
- ancestor of exposure
- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s) **D**  
outcome(s) **Y**  
covariates **4**  
causal paths **2**

```

graph TD
    A((A)) --> D((D))
    A((A)) --> X((X))
    C((C)) --> X((X))
    C((C)) --> Y((Y))
    D((D)) --> E((E))
    D((D)) --> Y((Y))
    X((X)) --> E((E))
    E((E)) --> Y((Y))
  
```

Adjustment for total effect

Minimal sufficient adjustment sets for estimating the total effect of D on Y:

- $\{A\}$
- $\{C, X\}$

Adjustment for direct effect

Minimal sufficient adjustment sets for estimating the direct effect of D on Y:

- $\{A, E, X\}$
- $\{C, E\}$

Testable implications

The model implies the following conditional independences:

- $A \perp E \mid D, X$
- $A \perp Y \mid C, D, E$
- $A \perp Y \mid C, D, X$
- $A \perp C$
- $D \perp X \mid A$
- $D \perp C$
- $E \perp C \mid A, X$
- $E \perp C \mid D, X$
- $X \perp Y \mid C, D, E$

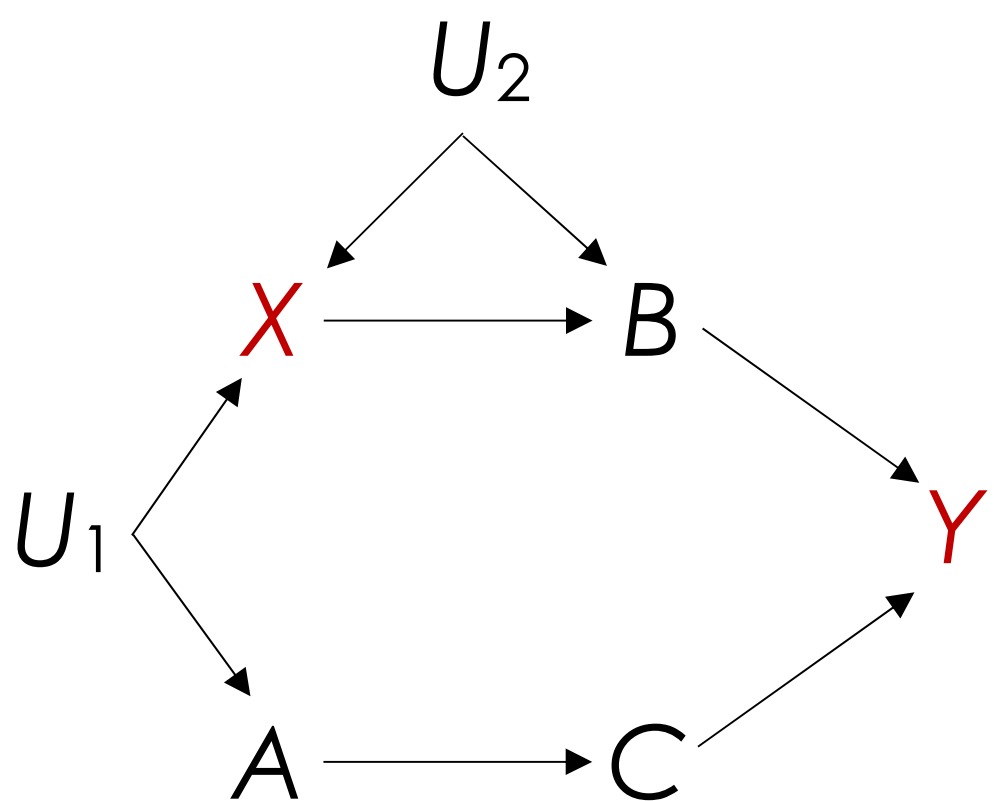
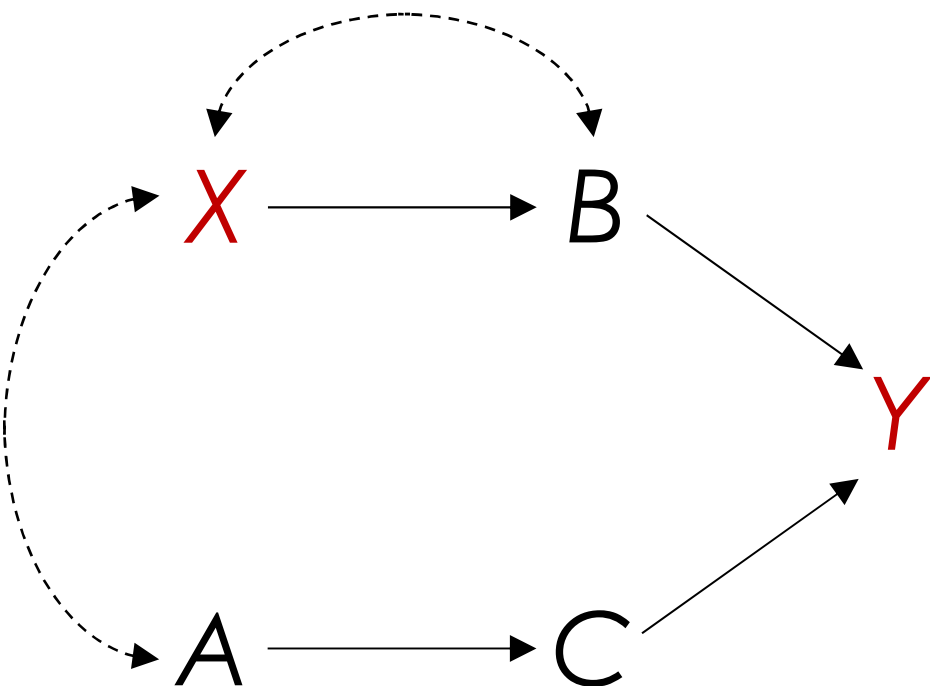
Model text data

```

A 1 @-1.814,-0.756
C 1 @-1.785,1.140
D E @-1.004,-1.430
E 1 @-0.169,0.062
  
```

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Model | Examples | How to ... | Layout | Help

Path and variable display

- highlight causal paths
- highlight biasing paths
- highlight ancestors

Legend

- exposure
- outcome
- ancestor of exposure
- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s) **X**  
 outcome(s) **Y**  
 covariates **5**  
 causal paths **1**

```

  graph TD
    U1((U1)) --> X((X))
    U1((U1)) --> A((A))
    U2((U2)) --> X((X))
    U2((U2)) --> B((B))
    X((X)) --> B((B))
    A((A)) --> C((C))
    B((B)) --> Y((Y))
    C((C)) --> Y((Y))
  
```

Adjustment for total effect

It is impossible to estimate the total effect by covariate adjustment.

Adjustment for direct effect

Minimal sufficient adjustment sets for estimating the direct effect of X on Y:

- {A, B}
- {B, C}

Testable implications

The model implies the following conditional independences:

- $A \perp Y \mid B, C$
- $B \perp C \mid A$
- $C \perp X \mid A$
- $X \perp Y \mid B, C$
- $X \perp Y \mid A, B$

Model text data

```

A 1 @-1.142,0.439
B 1 @0.163,-0.963
C 1 @0.150,0.448
U1 U @-1.798,-0.253
U2 U @-0.516,-1.542
X E @-1.194,-0.958
Y O @0.963,-0.235
  
```

A C  
B Y

150%

A85

http://www.dagit... DAGitty v2.0

Model | Examples | How to ... | Layout | Help

Path and variable display

- highlight causal paths
- highlight biasing paths
- highlight ancestors

Legend

- exposure
- outcome
- ancestor of exposure
- ancestor of outcome
- ancestor of exposure and outcome
- adjusted variable
- unobserved (latent)
- other variable
- causal path
- biasing path

Summary

exposure(s) **A**  
 outcome(s) **Y**  
 covariates **5**  
 causal paths **1**

```

  graph TD
    U1((U1)) --> X((X))
    U1((U1)) --> A((A))
    U2((U2)) --> X((X))
    U2((U2)) --> B((B))
    X((X)) --> B((B))
    A((A)) --> C((C))
    B((B)) --> Y((Y))
    C((C)) --> Y((Y))
  
```

Adjustment for total effect

Minimal sufficient adjustment sets for estimating the total effect of A on Y:

- {B}

Adjustment for direct effect

Minimal sufficient adjustment sets for estimating the direct effect of A on Y:

- {B, C}

Testable implications

The model implies the following conditional independences:

- $A \perp Y \mid B, C$
- $B \perp C \mid A$
- $C \perp X \mid A$
- $X \perp Y \mid B, C$
- $X \perp Y \mid A, B$

Model text data

```

  A E @-1.142,0.439
  B I @0.163,-0.963
  C I @0.150,0.448
  U1 U @-1.798,-0.253
  U2 U @-0.516,-1.542
  X I @-1.194,-0.958
  Y O @0.963,-0.235
  
```

150%

A86

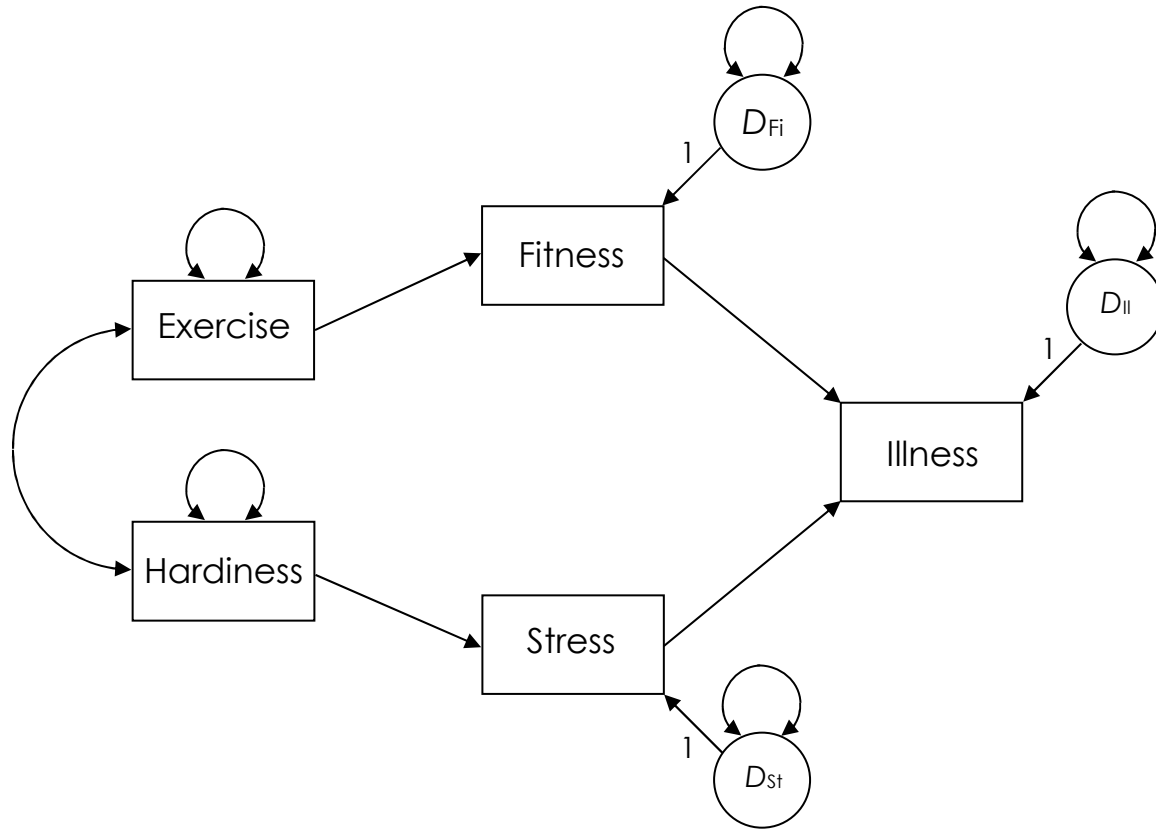
# Identification

- Merchant, A. T., & Pitiphat, W. (2002). Directed acyclic graphs (DAGs): An aid to assess confounding in dental research. *Community Dentistry and Oral Epidemiology*, 30: 399–404.
- Fleischer, N. L., & Diez Roux, A. V. (2008). Using directed acyclic graphs to guide analyses of neighbourhood health effects: An introduction. *Journal of Epidemiology & Community Health*, 62, 842-846.

# Analysis

- Roth, D. L., Wiebe, D. J., Fillingim, R. B., & Shay, K. A. (1989). Life events, fitness, hardiness, and health: A simultaneous analysis of proposed stress-resistance effects. *Journal of Personality and Social Psychology*, 57, 136–142.





**Figure 8.5.** A recursive path model of health factors.

Variable	1	2	3	4	5
1. Exercise	—				
2. Hardiness	-.03	—			
3. Fitness	.39	.07	—		
4. Stress	-.05	-.23	-.13	—	
5. Illness	-.08	-.16	-.29	.34	—
M	40.90	0.0	67.10	4.80	716.70
SD	66.50	38.00	18.40	33.50	62.48

*Note.* These data (correlations, means, and variances) are from D. Roth et al. (1989);  $N = 373$ .

---

Independence	Conditioning set	Partial correlation
Exercise $\perp$ Stress	Hardiness	-.058
Exercise $\perp$ Illness	Fitness, Stress	.039
Hardiness $\perp$ Fitness	Exercise	.089
Hardiness $\perp$ Illness	Fitness, Stress	-.081
Fitness $\perp$ Stress	Exercise, Hardiness	<b>-.103</b>

---

Minimally sufficient set

Direct effect	∅	Exercise	Hardiness	Stress	Fitness
Exercise → Fitness	.108 (.013) .390	—	—	—	—
Hardiness → Stress	-.203 (.045) -.230	—	—	—	—
Fitness → Illness	—	-1.036 (.183) -.305	-.951 (.168) -.280	<b>-.849 (.162) -.250</b>	—
Stress → Illness	—	.628 (.091) .337	.597 (.093) .320	—	<b>.574 (.089) .307</b>

Note. Estimates are reported as unstandardized (standard error) standardized; ∅, empty set. Values in boldface control for the all parents of each outcome.

# Extensions

- Locate instruments
- Models  $\rightarrow$  counterfactuals
- Potential outcomes (PO)

# Strengths

- Unifying model (SEM, PO)
- Supports reasoning, planning
- Local fit, not global

# Limitations

- Classical measurement
- No global fit
- Few software tools



Thank You