



**NEBRASKA CENTER FOR RESEARCH ON
CHILDREN, YOUTH, FAMILIES & SCHOOLS**



The Story of SEEDs

**Trauma-Informed and Gender-Responsive Sober Living Safe Homes
for Women with Histories of Addiction and Victimization**

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Disclaimer: This project was supported by Grant 2016-SI-AX-0003 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this webinar are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



Logistics

- Everyone is muted and will be for the entire webinar.
- You can ask questions in the chat and we will try to answer as many questions as possible at the end.
 - Feel free to contact us after the webinar if we were not able to answer your question(s).
- The webinar is being recorded and will be available on our website.
 - We will email the slides and link to the recorded webinar.





Presenters



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History and Overview of
SEEDs

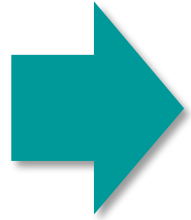
Effectiveness of SEEDs

Q&A

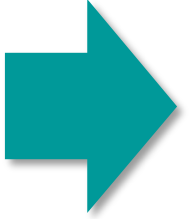
Agenda



Intersection of Addiction & Trauma



Experiences of domestic and sexual violence and addiction co-occur at high rates



Challenges finding safe housing



Etiological pathways to addiction vary for men and women

-Gender-responsive and trauma-informed




Recovery Homes



- Non-medical setting designed to support recovery from addiction by providing a substance-free living environment



Mission Statement



*Transforming lives through
hope, healing, and
empowerment*



SEEDs Overview

SUPPORT - advocacy, housing, healthcare, case management



EDUCATION - life skills, financial literacy, mentoring, job training, peer led groups

EMPOWERMENT - job training, self-sufficiency and confidence

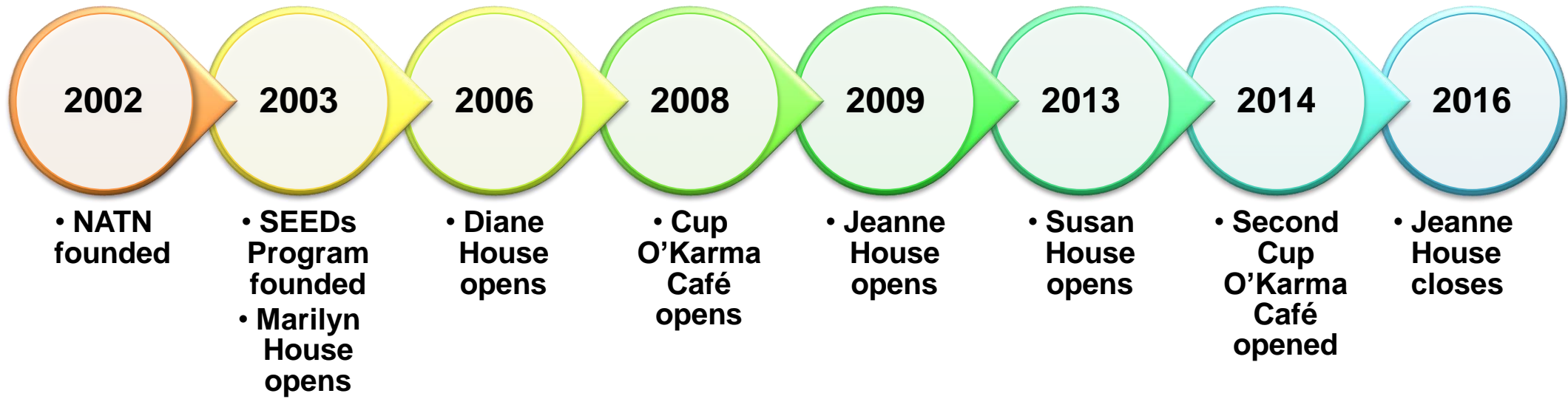
DIRECTIONS - towards a safe, stable and secure future

SERVE - survivors and their families





SEEDs Beginning





SEEDs Houses



Marilyn House

August 2003 - first home for single women—Mesa, AZ



Diane House

June 2006 - home for women & children—Chandler, AZ



Jeanne House

July 2009 - home for women & children—Phoenix, AZ



Susan House

August 2013 - mixed use home—Mesa, AZ





Cup O'Karma: Community Café for a Cause



- A social venture initiative created by the women of SEEDs
- Training program creating employment opportunities for survivors of abuse, veterans, teens, seniors, and members of the community with limited abilities seeking to enter or reenter the workforce.



SEEDs Program Operations

House Rules/Guidelines

Developed by and for women in the program

Services Provided

Peer support, case management, workforce development, mentoring, support groups

Referrals

Hospitals, treatment centers, domestic violence shelters, former residents, law enforcement

Funding

Private donations and foundations, social venture initiatives

Community Partnerships

AARP, Veteran's First, Allstate, Zonta Club, Soroptimist, Chrome Angelz, Chandler Police Dept., Los Ojos De La Familia, Child Crisis Nursery, St. Vincent de Pau





Success: What does it look like?



Ashley



Tearsa



Research Participants & Procedures

- Surveys
 - Baseline, 6-month, & 1-year follow-ups
 - 84.7% retention rate

Demographics
N = 59 participants
42 years old
89.8% White
11.9% Hispanic/Latina
13.6% Sexual Minority
59.3% Employed
79.6% Income < 20k per year



Effectiveness of SEEDs

	Overtime	More SEEDs engagement
Alcohol use	-	-
Drug use	-	-
Domestic violence victimization	-	
Sexual violence victimization	-	
Post-traumatic stress	-	-
Depression	-	-
Financial security	+	+
Housing stability	+	
Physical health	+	








SEEDs Social Network

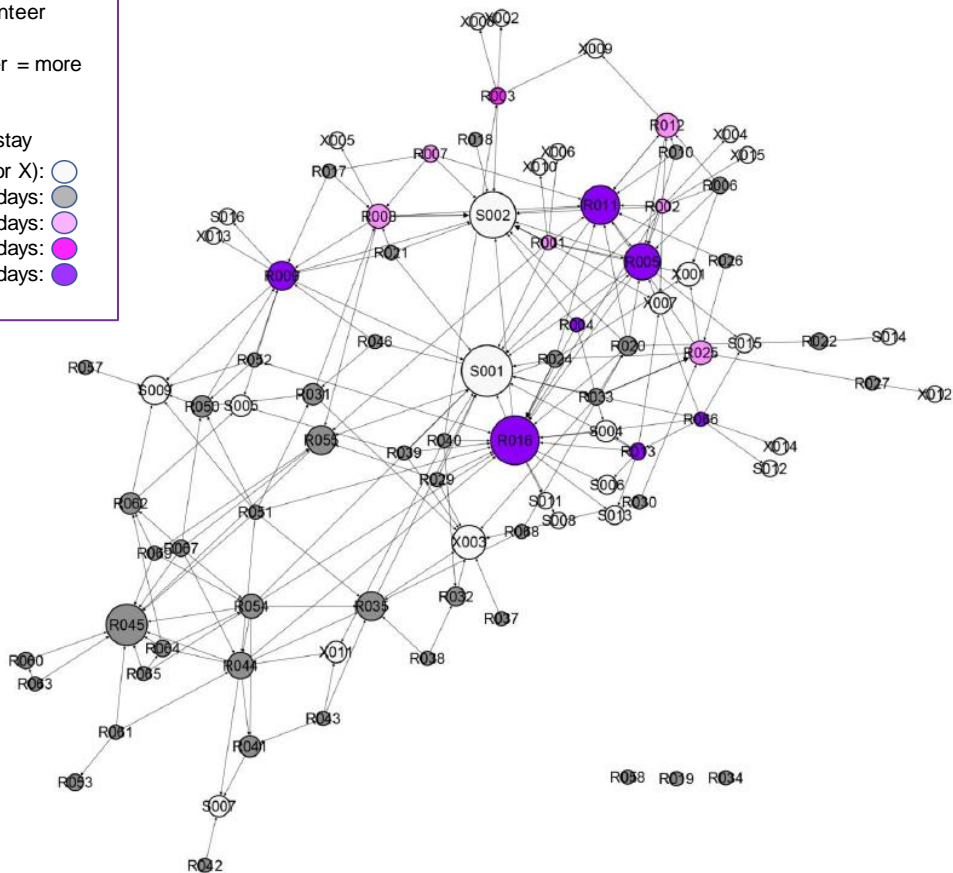
Key

R: Resident
S: Staff member
X: Alumna or volunteer

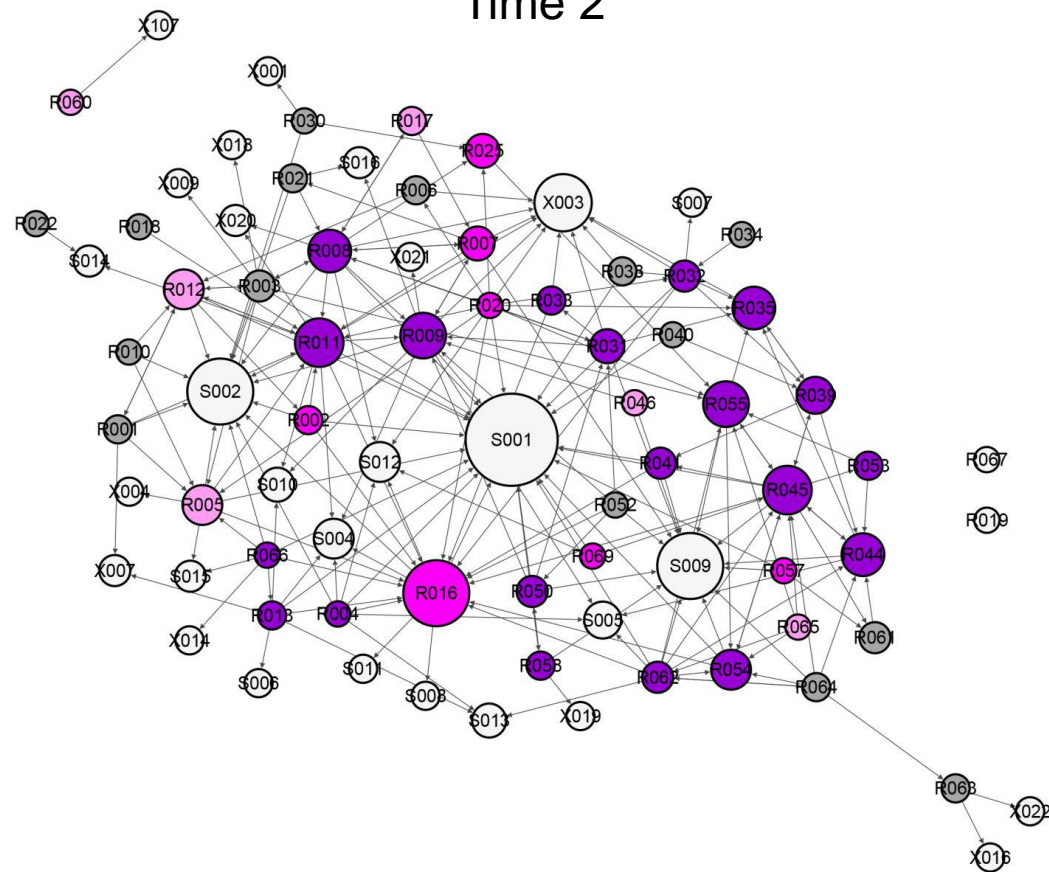
Circle size: Larger = more nominations

Color: Length of stay
n/a (S or X): 
Less than 30 days: 
31- 60 days: 
61-120 days: 
More than 121 days: 

Baseline



Time 2





Strengths among Women at SEEDS





Acknowledgements

- ❖ We have the utmost gratitude for the SEEDs women who so graciously gave their time to us.
- ❖ Thank you to the scholars, project staff, and students that made this study possible: Sharon Murphy, Kelly Palmer, Sarah Ullman, Ron Harvey Jania Marshal, Hee-Sung Shin, Lorey Wheeler, Sarah Balmilero, Olivia Canning, Francine Castellanos, Suzanne Coble, Danielle Flanagan, Emily Haight, Carolyn Hedden, Lorelei Himlin, Abby LaChance, Katherine Lee, Caroline Leyva, Jacqueline Melius, Shannon Moley, Tiffany Randall, Kaleigh Santos, Laisa Schweigert, and Anna Skedros.



Learn More



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