

# Introduction to Mixture Modeling

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# Outline

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- Variable- vs. person-centered analyses
- Traditional methods
- Latent Class Analysis vs. Latent Profile Analysis
- Mixture modeling
  
- Data structure and analysis examples
- Longitudinal extensions



# Person-centered analysis

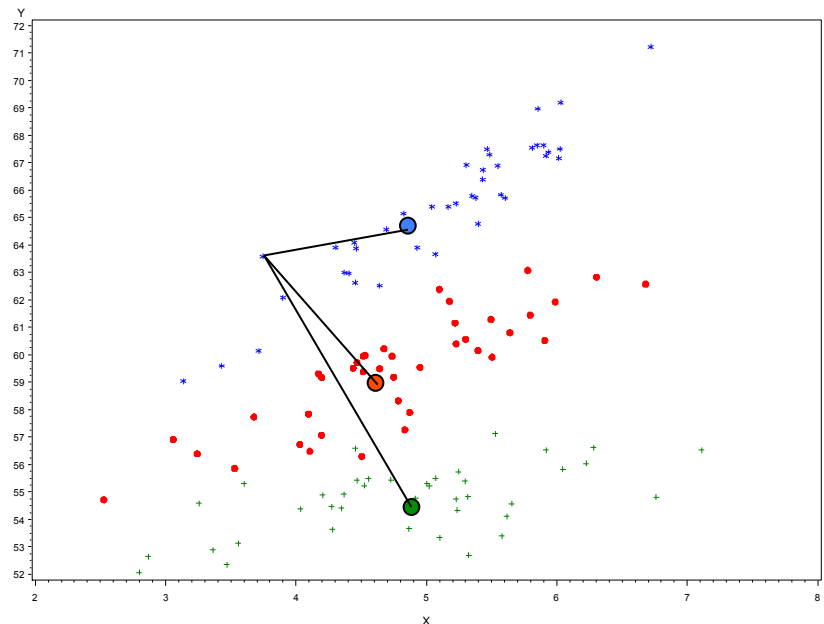
- Person\*item data structure
- Variable-centered: correlations among variables are of most interest
  - Factor analysis
  - Structure among columns
  - Predicting outcomes
- Person-centered: Structure among rows is of most interest
  - Relationships among individuals
  - Grouping individuals based on shared characteristics
  - Identifying qualitatively different groups

child_id	ScaleA	ScaleB	ScaleC	ScaleD	ScaleE
101	4.00	4.57	1.75	4.50	4.40
102	4.88	4.57	5.00	4.88	4.40
103	3.63	4.14	2.25	4.13	3.80
104	4.00	3.57	2.00	3.25	.60
105	3.75	4.14	2.50	3.88	3.40
106	4.63	4.57	2.50	5.00	4.60
107	4.63	4.29	3.75	4.13	3.80
108	4.25	3.71	3.50	4.75	4.20
109	4.88	4.71	4.75	4.50	4.80
110	4.50	4.71	3.75	4.75	5.00
111	3.63	4.00	4.50	2.63	3.80
112	3.88	4.00	4.00	3.75	3.60
113	5.00	5.00	1.50	5.00	5.00
114	3.88	5.00	2.50	3.75	3.40
115	4.00	4.57	3.75	4.75	3.80
116	2.75	3.57	.50	3.00	2.00
117	5.00	5.00	4.25	5.00	4.40
118	4.13	2.57	1.00	3.00	4.00
119	.86	4.00	1.25	.00	2.33
120	3.25	4.29	4.25	1.71	2.80
121	3.75	3.29	.75	4.00	4.40



# Traditional Methods

- K-means clustering
- Hierarchical clustering
  - Using Euclidean distance
    - Distance between the individual and the cluster mean
  - All variables need to be on the same scale
  - Continuous variables only
  - Dependent on start values
  - No fit statistics available
  - Sample dependent
    - Not model based
    - Not replicable



# What is mixture modeling?

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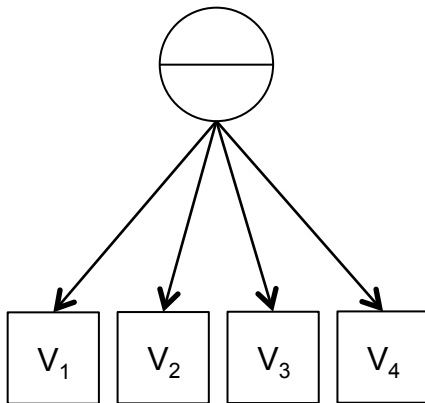
- Modeling a “mixture” of sub-groups within a population
- “Finite” number of homogeneous categories.
- Assumes the population is a mixture of qualitatively different groups of individuals
- Identified based on similarities in response patterns
- You might hypothesize that your population is made up of different types of individuals, families, etc.
  - Demographic or academic risk factors often co-occur (diagnostic comorbidity)
- Latent Class Analysis (LCA) and Latent Profile Analysis (LPA) are special cases of mixture models



# Terminology

Observed  
Predictor Variable(s)

Latent



Outcome/Dependent Variable  
**Continuous**                      **Categorical**

**Continuous**

Regression

Logistic Regression

**Categorical**

ANOVA/Regression

Non-Parametric  
(e.g. Chi-Square)

**Continuous**

Factor Analysis

Item Response Theory

**Categorical**

Latent Profile Analysis

Latent Class Analysis

**“Finite Mixture Models”**



# Getting started

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- First pick appropriate measures
  - Demographics
  - Outcome measures
  - Stuff you're interested in
- Pick a software program
  - \**Mplus*
  - Latent Gold
  - SAS (LCA, LTA, TRAJ)



# Evaluating model fit

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- \*BIC, AIC (Information Criteria)
  - To compare competing models
  - Look for lowest value
- Entropy
  - Measure of classification uncertainty
  - Ranges from 0 to  $\infty$ , lower is better
- Relative Entropy
  - Ranges from 0 to 1, higher is better
  - This is what *Mplus* provides, but it's called "Entropy"





# Evaluating model fit

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- Likelihood ratio test
  - Problematic due to categorical latent variable
- (Vuong-)Lo-Mendel-Rubin likelihood ratio test
  - TECH11 in *Mplus*
  - Compares estimated model with a model with one less class
  - $p < .05$  indicates the model with more classes fits significantly better
- Bootstrap Likelihood ratio test
  - TECH14 in *Mplus*
  - Compares estimated model with a model with one less class
  - Often inconclusive



# LPA example

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- 220 Preschool Children
- 51 outcome variables
  - La Familia – Family Literacy Activities
  - Parental Stress Index
  - Maternal Depression
  - Parent-Teacher Relationship Scale
  - Bracken Basic School Concepts and School Readiness
  - Teacher and parent-reported social/emotional scales



# LPA example

Mplus - time1

File Edit View Mplus Graph Window Help

time1

4.3750	4.7143	1.5000
4.5000	4.8571	3.0000
4.5000	5.0000	5.0000
4.3750	4.8571	4.5000
4.3750	4.2857	3.0000
-999.0000	-999.0000	-999.0000
3.0000	3.4286	2.0000
4.7500	4.7143	3.2500
4.1250	4.2857	3.0000
5.0000	4.4286	2.5000
2.7500	2.8571	2.2500
4.6250	4.5714	3.0000
4.3750	5.0000	5.0000
5.0000	4.7143	1.7500
4.8750	4.7143	4.5000
4.3750	4.7143	3.0000
5.0000	4.8571	2.2500
3.8750	5.0000	2.5000
4.1250	4.0000	3.2500
4.8750	4.8571	4.5000
3.6250	4.1429	2.2500
5.0000	4.7143	4.0000
3.5000	4.1429	4.5000
3.5000	4.1429	4.5000
4.5000	4.7143	3.7500
4.8750	4.5714	3.0000
4.6000	5.0000	4.0000
4.7500	5.0000	3.5000
5.0000	5.0000	3.0000
4.2500	4.0000	2.0000
3.8750	4.2857	1.5000
4.3750	4.4286	1.5000
4.5000	4.0000	2.5000
5.0000	5.0000	3.0000
4.3750	3.8571	1.0000
3.8750		4.0000
4.3750		4.0000
4.3750		3.0000
4.5000		4.0000
5.0000		5.0000
5.0000		5.0000
4.3750		2.8750
		2.0000

Mplus - Mptext1

File Edit View Mplus Graph Window Help

Mptext1

```
TITLE:           Mixture Modeling - LPA Example

DATA:           File is time1.dat;
                FORMAT is 51f13.4;

VARIABLE:       NAMES are V1-V51;
                USEVARIABLES are V1-V51;
                MISSING = all(-999);
                CLASSES=c(2);

ANALYSIS:       TYPE=MIXTURE;

OUTPUT:        TECH1 TECH11 TECH14;
```



# LPA example

```

Mplus - time1
File Edit View Mplus Graph Window Help
[Icons]

time1
THE MODEL ESTIMATION TERMINATED NORMALLY

MODEL FIT INFORMATION
Number of Free Parameters          53
Loglikelihood

      HO Value          -1715.420
      HO Scaling Correction Factor    1.393
      for MLR

Information Criteria
      Akaike (AIC)          3536.840
      Bayesian (BIC)        3714.988
      Sample-Size Adjusted BIC    3547.047
      (n* = (n + 2) / 24)
  
```

Mplus - time1

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[Icons]

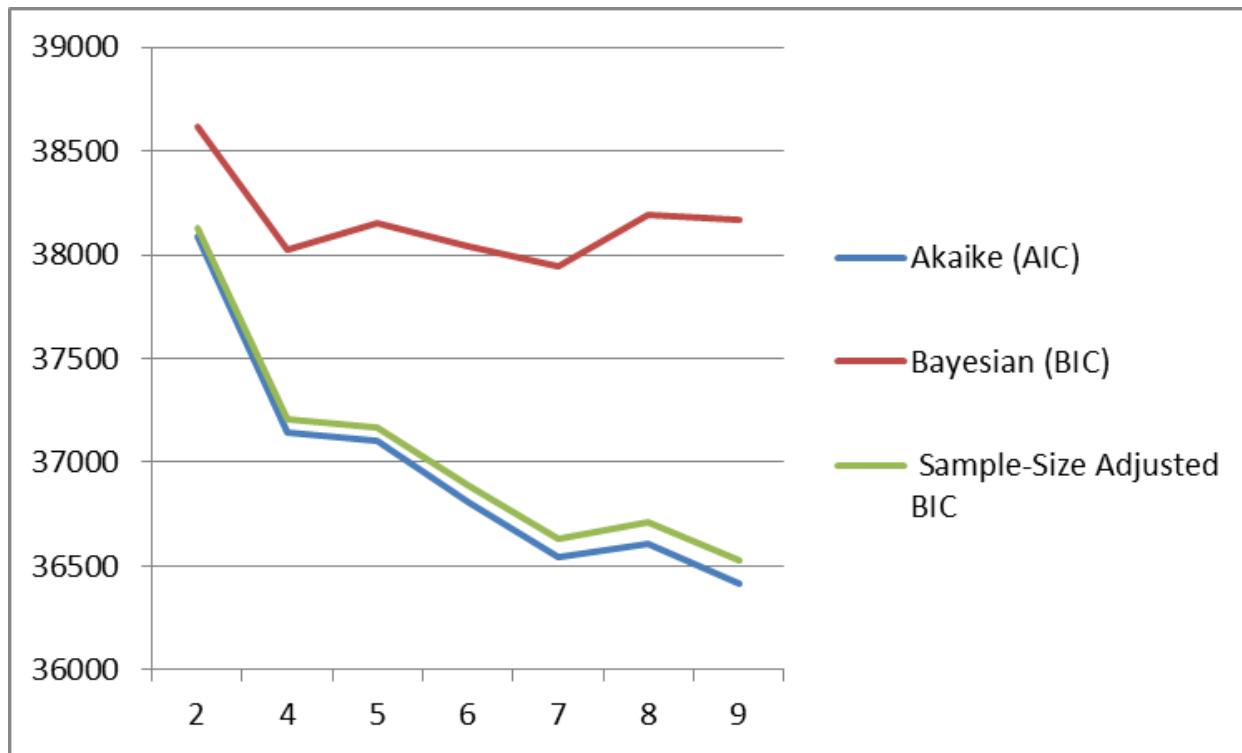
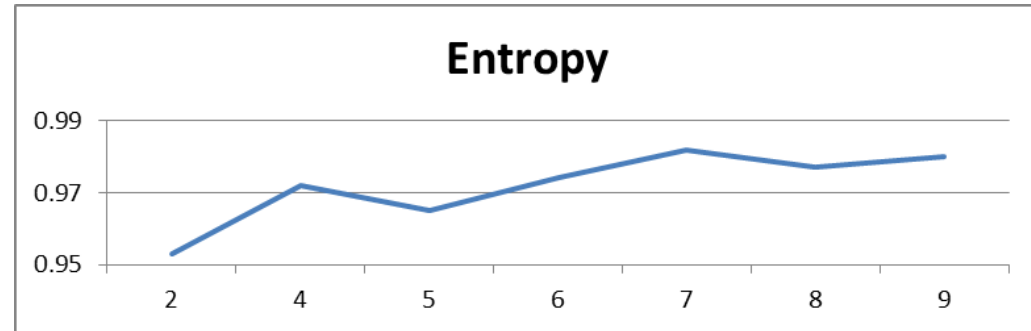
time1

MODEL RESULTS

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value
<b>Latent Class 1</b>				
<b>Means</b>				
V1	1.704	0.310	5.498	0.000
V2	2.714	0.281	9.648	0.000
V3	1.597	0.218	7.323	0.000
V4	1.730	0.306	5.655	0.000
V5	1.201	0.345	3.483	0.000
V6	2.421	0.191	12.679	0.000
V7	2.327	0.150	15.524	0.000
V8	2.305	0.080	28.888	0.000
V9	1.693	0.150	11.308	0.000
V10	2.233	0.081	27.462	0.000
<b>Variances</b>				
V1	0.411	0.061	6.691	0.000
V2	0.285	0.035	8.151	0.000
V3	1.137	0.086	13.153	0.000
V4	0.660	0.086	7.646	0.000
V5	0.841	0.118	7.135	0.000
V6	0.168	0.025	6.611	0.000
V7	0.115	0.017	6.754	0.000
V8	0.049	0.006	7.944	0.000
V9	0.147	0.017	8.738	0.000
V10	0.050	0.005	9.371	0.000
<b>Latent Class 2</b>				
<b>Means</b>				
V1	4.360	0.059	73.979	0.000
V2	4.440	0.057	78.435	0.000
V3	3.169	0.127	24.942	0.000
V4	4.153	0.101	41.310	0.000
V5	4.138	0.084	49.058	0.000
V6	1.387	0.051	27.062	0.000
V7	1.574	0.046	34.252	0.000
V8	1.556	0.033	46.977	0.000
V9	1.159	0.027	42.173	0.000



# LPA example

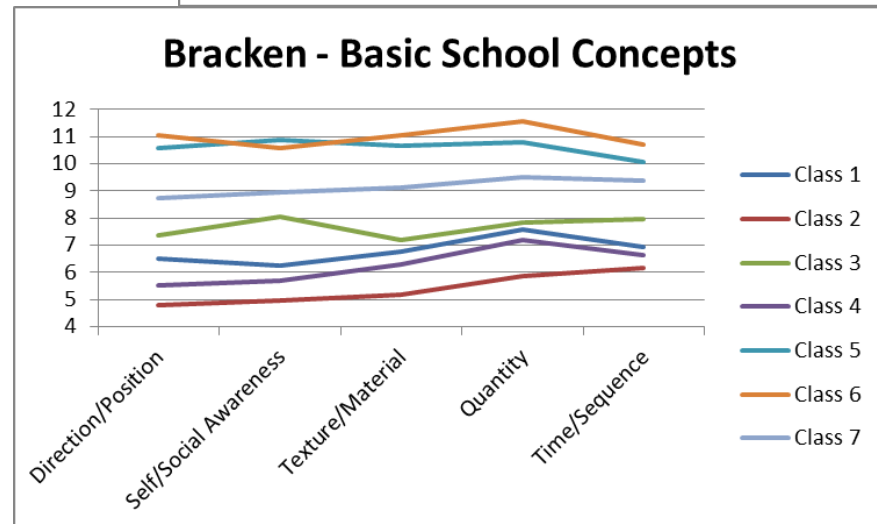
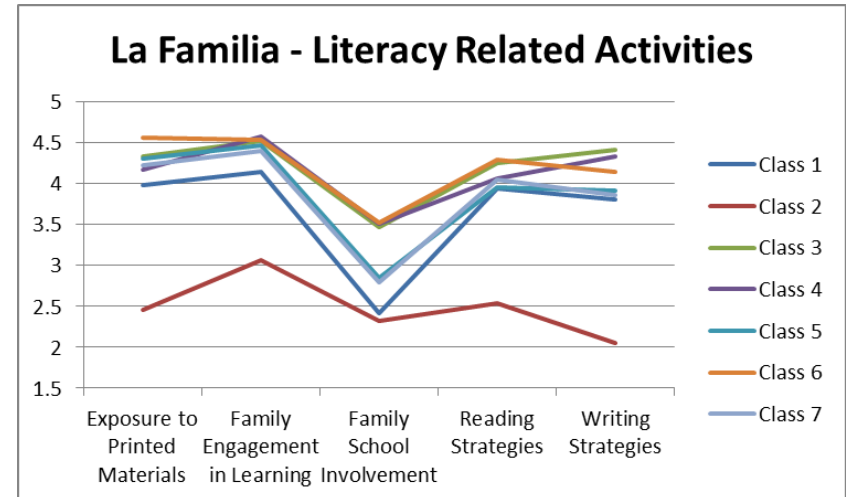


# Model Estimates

FINAL CLASS COUNTS AND PROPORTIONS FOR THE LATENT CLASSES  
BASED ON THE ESTIMATED MODEL

LatentClasses

1	25.01285	0.11369
2	16.84910	0.07659
3	23.84887	0.10840
4	30.96302	0.14074
5	33.33118	0.15151
6	38.91238	0.17687
7	51.08259	0.23219



# LCA Example

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- 220 Preschool children and families
- 42 dichotomous demographic variables (yes/no)
  - Does your child speak English?
  - Does the child have an identified disability?
  - Speech-Language Impairment
  - Is there a father figure living in the home?
  - Unemployed
  - School lunch/ breakfast program
  - Is your child on any medications?
  - Parent's clinical depression



# Syntax

cprobs			
1.	0.112	0.888	2.000
1.	1.000	0.000	1.000
0.	1.000	0.000	1.000
1.	0.973	0.027	1.000
1.	1.000	0.000	1.000
1.	0.724	0.276	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	1.000	0.000	1.000
1.	0.001	0.999	2.000
1.	0.999	0.001	1.000
1.	1.000	0.000	1.000
1.	0.018	0.982	2.000
1.	0.027	0.973	2.000
1.	0.000	1.000	2.000
0.	0.000	1.000	2.000
1.	0.000	1.000	2.000
0.	0.143	0.857	2.000
0.	0.000	1.000	2.000
0.	0.000	1.000	2.000
1.	0.003	0.997	2.000
0.	0.993	0.007	1.000
0.	0.551	0.449	1.000
1.	0.958	0.042	1.000
0.	0.066	0.934	2.000
1.	0.000	1.000	2.000
0.	0.000	1.000	2.000

```
Mplus - Mptext1
File Edit View Mplus Graph Window Help
[Icons: Save, Open, Print, Run, etc.]

Mptext1
TITLE:           Mixture Modeling - LCA Example

DATA:           File is timeldemo.dat;
                FORMAT is 42f6.0;

VARIABLE:      NAMES are D1-D42;
                USEVARIABLES are D1-D42;
                MISSING = all(-999);
                CATEGORICAL = D1-D42;
                CLASSES=c(2);

ANALYSIS:      TYPE=MIXTURE;

OUTPUT:        TECH1 TECH11 TECH14;

SAVEDATA:      SAVE=CPROBABILITIES;
                FILE=cprobs.dat;
```



# Results

$$\frac{\exp(-.942)}{1+\exp(-.942)} = .280$$

timeldemo

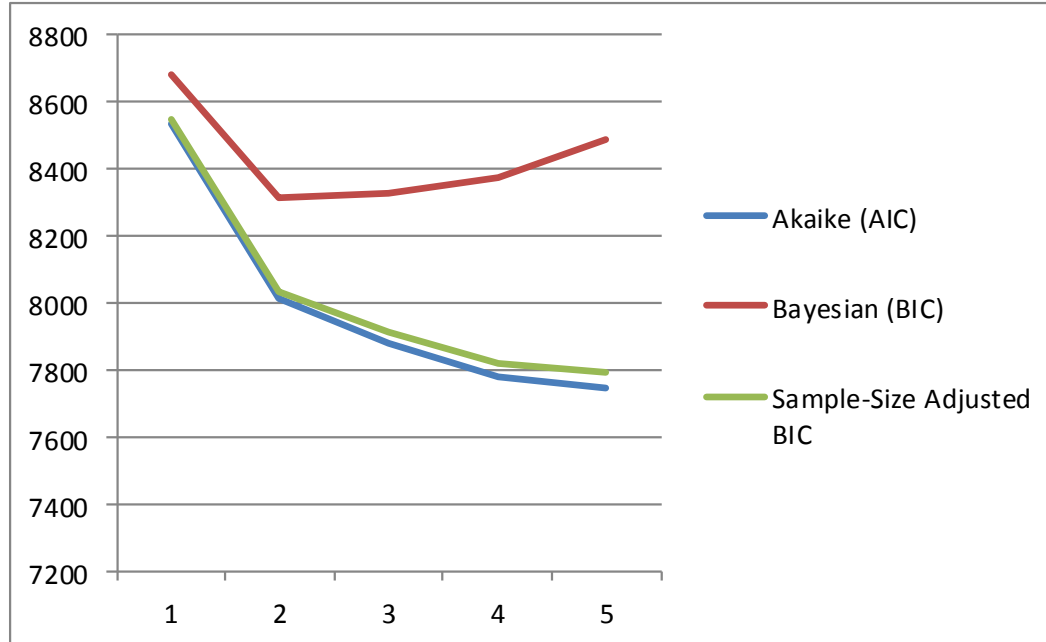
MODEL RESULTS

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value
Latent Class 1				
Thresholds				
D1\$1	-0.942	0.416	-2.267	0.023
D2\$1	2.429	0.644	3.772	0.000
D3\$1	1.980	0.704	2.811	0.005
D4\$1	2.197	0.530	4.145	0.000
D5\$1	2.990	0.948	3.153	0.002
D6\$1	1.747	0.872	2.003	0.045
Latent Class 2				
Thresholds				
D1\$1	-15.000	0.000	999.000	999.000
D2\$1	-0.661	0.262	-2.523	0.012
D3\$1	-1.965	0.499	-3.939	0.000
D4\$1	1.917	0.275	6.970	0.000
D5\$1	1.975	0.292	6.770	0.000
D6\$1	-0.342	0.431	-0.792	0.428
Categorical Latent Variables				
Means				
C#1	-0.829	0.291	-2.853	0.004
RESULTS IN PROBABILITY SCALE				
Latent Class 1				
D1				
Category 1	0.280	0.084	3.345	0.001
Category 2	0.720	0.084	8.580	0.000
D2				
Category 1	0.919	0.048	19.179	0.000
Category 2	0.081	0.048	1.690	0.091
D3				
Category 1	0.879	0.075	11.700	0.000
Category 2	0.121	0.075	1.616	0.106
D4				
Category 1	0.900	0.048	18.862	0.000
Category 2	0.100	0.048	2.097	0.036
D5				
Category 1	0.952	0.043	22.029	0.000
Category 2	0.048	0.043	1.107	0.268
D6				
Category 1	0.852	0.110	7.725	0.000
Category 2	0.148	0.110	1.347	0.178



# Results

	1	2	3	4	5
Akaike (AIC)	8537.02	8016.994	7882.698	7783.848	7744.665
Bayesian (BIC)	8682.946	8312.24	8327.263	8377.733	8487.87
Sample-Size Adjusted BIC	8546.679	8036.536	7912.124	7823.157	7793.858
VLMR-LRT		0.0001	0.0652	0.5232	0.2954
LMR ADJUSTED LRT		0.0001	0.0668	0.525	0.2974
BOOTSTRAPPED LRT		0.0000	0.0000	0.0000	0.0000



# Results

## UNIVARIATE PROPORTIONS AND COUNTS FOR CATEGORICAL VARIABLES

D1: Does your child speak English?

Category 1: No      0.085      18

Category 2: Yes      0.915      195

D2: Is your child enrolled in child care or cared for outside of the home on a regular

Category 1: No      0.516      110

Category 2: Yes      0.484      103

D3: Has your child ever been in a child care arrangement?

Category 1: No      0.339      61

Category 2: Yes      0.661      119

D4: Does the child have an identified disability?

Category 1: No      0.88      184

Category 2: Yes      0.12      25

D5: Has the child been referred for evaluation for development delays through

Category 1: No      0.897      156

Category 2: Yes      0.103      18

D6: Does the child have an individualize Educational Plan?

Category 1: No      0.587      27

Category 2: Yes      0.413      19

## FINAL CLASS COUNTS AND PROPORTIONS FOR THE LATENT CLASSES BASED ON THE ESTIMATED MODEL

Latent  
Classes

1    128.54808    0.58431

2    91.45192    0.41569

## CLASSIFICATION OF INDIVIDUALS BASED ON THEIR MOST LIKELY LATENT CLASS MEMBERSHIP

Class Counts and Proportions

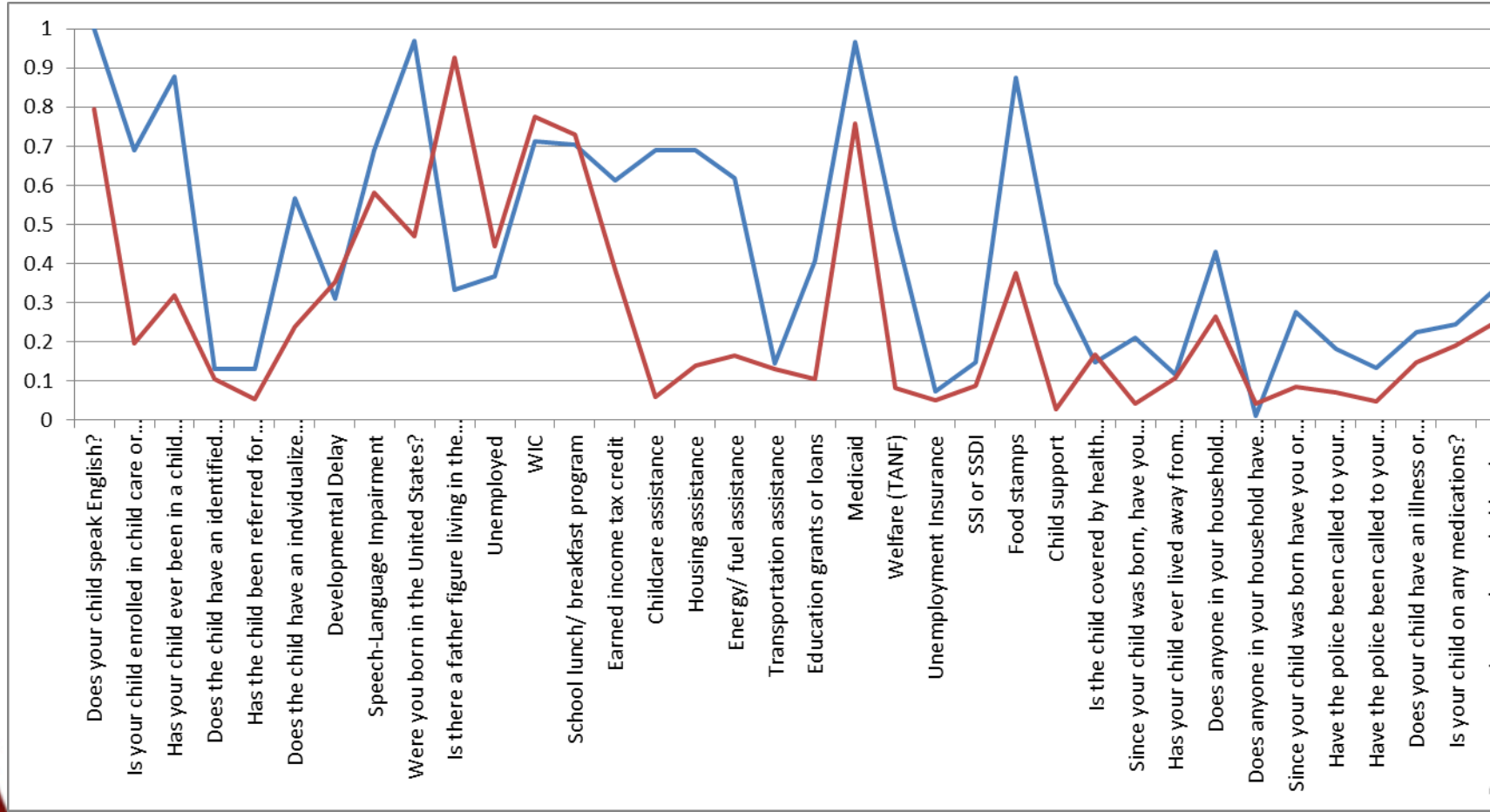
Latent  
Classes

1    131    0.59545

2    89    0.40455

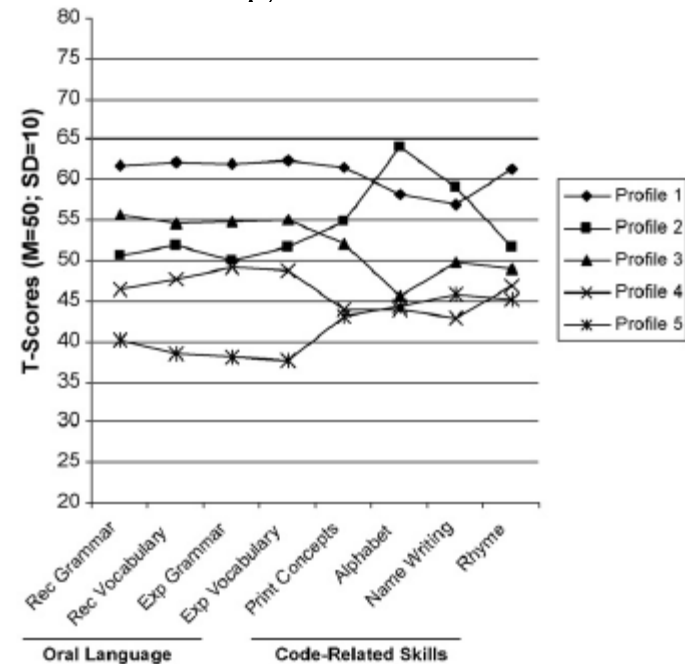
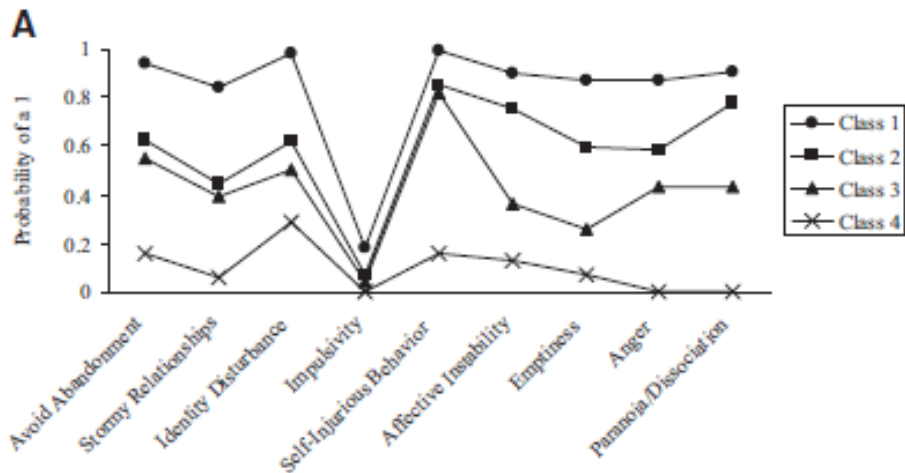


# Results in Probability Scale



# Profile Interpretability

- Sometimes profiles will be fairly similar
- Profiles with few participants may be difficult to interpret or validate
- Describe the subgroups identified using line graphs or proportions
- Which items or scales are most useful for differentiating classes?
  - Conditional probabilities of responses
  - Cabell et al. 2011
  - Bornovalova et al. 2010



**Fig. 1.** Profiles of emergent literacy skills.  
 Profile 1: Highest emergent literacy (14%).  
 Profile 2: Average oral language, strength in alphabet knowledge (16.3%).  
 Profile 3: High average oral language, weakness in alphabet knowledge (24.2%).  
 Profile 4: Low average oral language, broad code-related weaknesses (22.5%).  
 Profile 5: Lowest oral language, broad code-related weaknesses (22.9%).

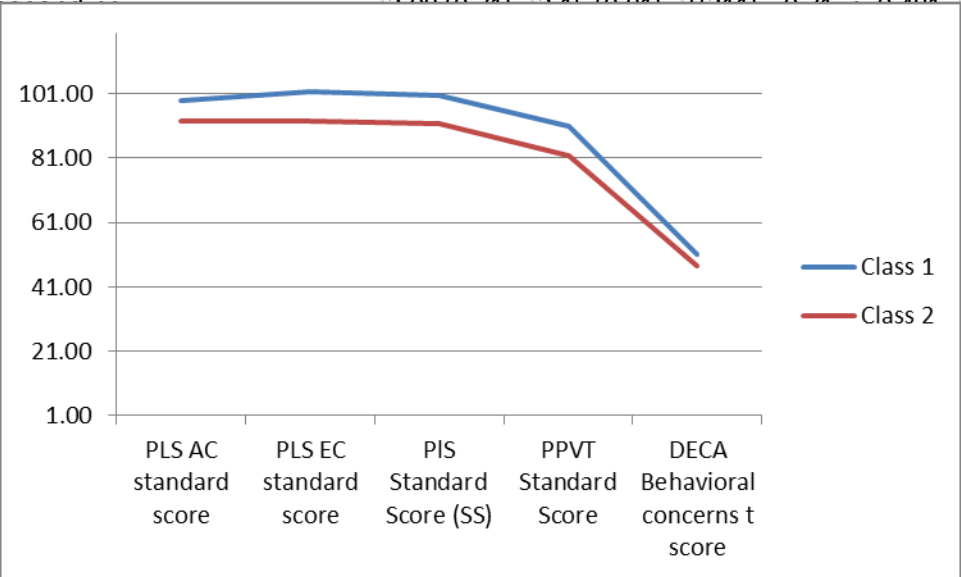
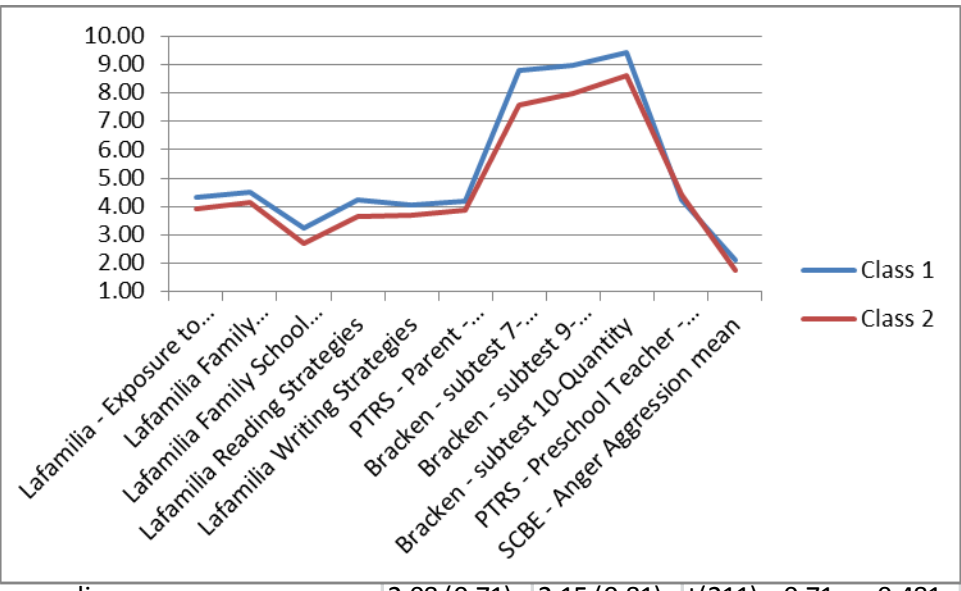


# Post Hoc

- Conduct ANOVA on any variables (

significantly on

Lafamilia - Exposure to...
Lafamilia Family...
Lafamilia Family School...
Lafamilia Reading Strategies
Lafamilia Writing Strategies
PTRS - Parent - ...
Bracken - subtest 7-...
Bracken - subtest 9-...
PTRS - Preschool Teacher - ...
SCBE - Anger Aggression mean
PSI Defensive Reactions
PSI Parental Distress
PSI Parent-Child Relationship
PSI Difficult Child
PSI Total Stress
CESD - Maternal
PTRS - Parent - J
PTRS - Parent - C
PTRS - Parent - C
PSOC Satisfaction
PSOC Efficacy
PSOC Total
Family Involvement
Family Involvement
Family Involvement

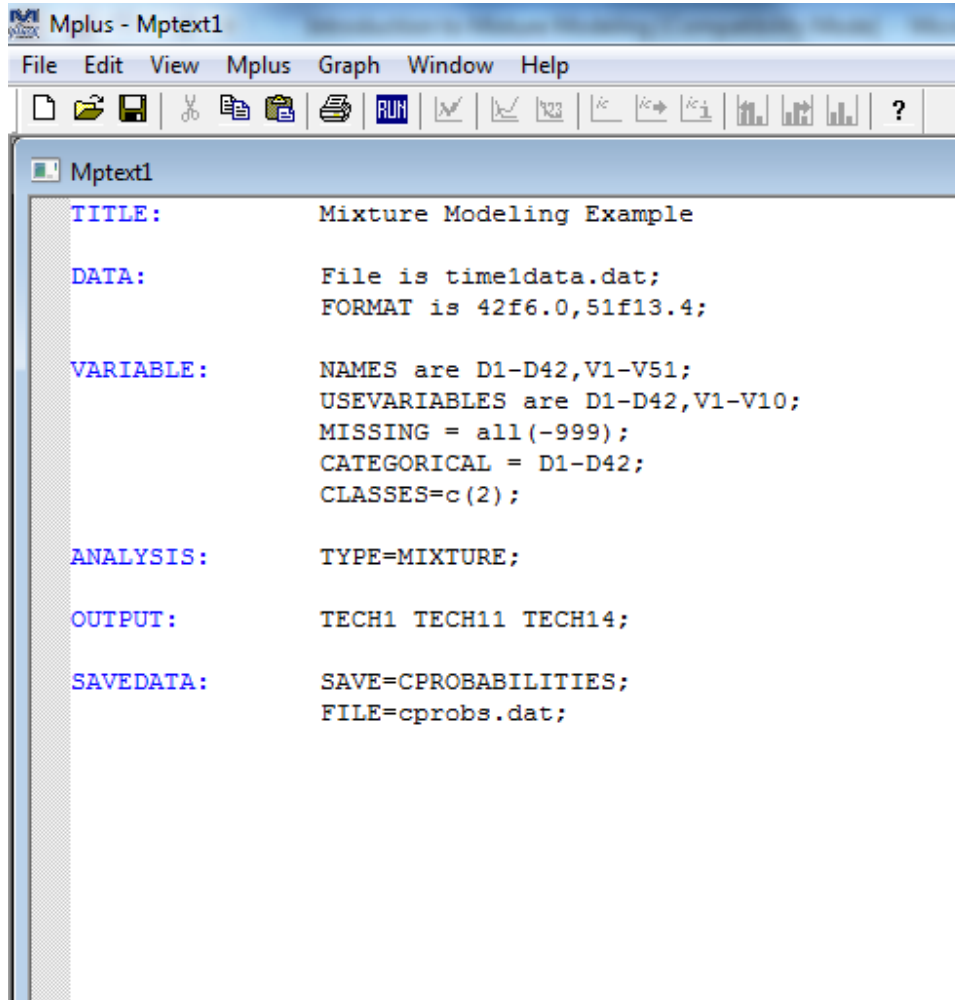


SCBE - Parent - social competence	39.86 (9.28)	41.13 (9.5)	t(199)=-0.95, p=0.343
SCBE - Parent - anxiety withdrawal	15.84 (5.1)	16.86 (6.08)	t(199)=-1.28, p=0.201
SCBE - Parent - anger aggression	20.76 (7.02)	20.81 (7.82)	t(199)= -0.04, p=0.960



# Finite mixture model – LCA and LPA

- Same syntax as before
- Added 10 continuous variables to USEVARIABLES list
- CATEGORICAL list does not change
- Will get both means and probabilities
- Everything is interpreted the same



```
Mplus - Mptext1
File Edit View Mplus Graph Window Help
[Icons: Open, Save, Print, Run, etc.]

Mptext1
TITLE:           Mixture Modeling Example

DATA:           File is timedata.dat;
                FORMAT is 42f6.0,51f13.4;

VARIABLE:      NAMES are D1-D42,V1-V51;
                USEVARIABLES are D1-D42,V1-V10;
                MISSING = all(-999);
                CATEGORICAL = D1-D42;
                CLASSES=c(2);

ANALYSIS:      TYPE=MIXTURE;

OUTPUT:        TECH1 TECH11 TECH14;

SAVEDATA:      SAVE=CPROBABILITIES;
                FILE=cprobs.dat;
```



# Longitudinal Analyses

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- Assuming everyone follows the same trajectory may be wrong
- Two options
  - Perform mixture model at baseline and see if trajectories differ across groups
  - Perform a growth mixture model to see if there are classes of trajectories





# Mixture Model with longitudinal data

Sturge-Apple et al. (2010). Typologies of family functioning and children's adjustment during the early school years. *Child Development*, 81, 1320–1335.

- Cohesive families have kids with better adjustment
- First, a latent class analysis/latent profile analysis was used to identify groups/types at wave 1.

Table 2  
Means, Standard Deviations, and ANOVA Comparisons of the Three Family Typologies on Seven Defining Variables

	Cohesive (C; n = 137)		Enmeshed (E; n = 51)		Disengaged (D; n = 43)		F(2, 230)	Post hoc
	M	SD	M	SD	M	SD		
Wave 1								
Interparental hostility	-.46	.53	1.47	.79	-.27	.64	187.50***	E > C, D
Interparental withdrawal	-.36	.67	-.18	.74	1.38	.97	90.50***	D > E, C
Parental emotional availability	.31	.82	.01	1.02	-.99	.86	36.17***	E, C > D
Parental intrusiveness	-.14	.95	.09	1.07	.34	.99	4.20***	D > C
Child relatedness	.18	.96	-.12	1.01	-.44	.98	7.23***	E, D > C
Triadic competition	-.08	.90	.40	1.23	-.28	.88	6.20***	E > C, D
Triadic cooperation	.18	.91	-.16	.98	-.37	1.18	5.97***	C > D, E
Triadic cohesiveness	.27	.95	-.20	.92	-.61	.91	15.59***	C > E, D

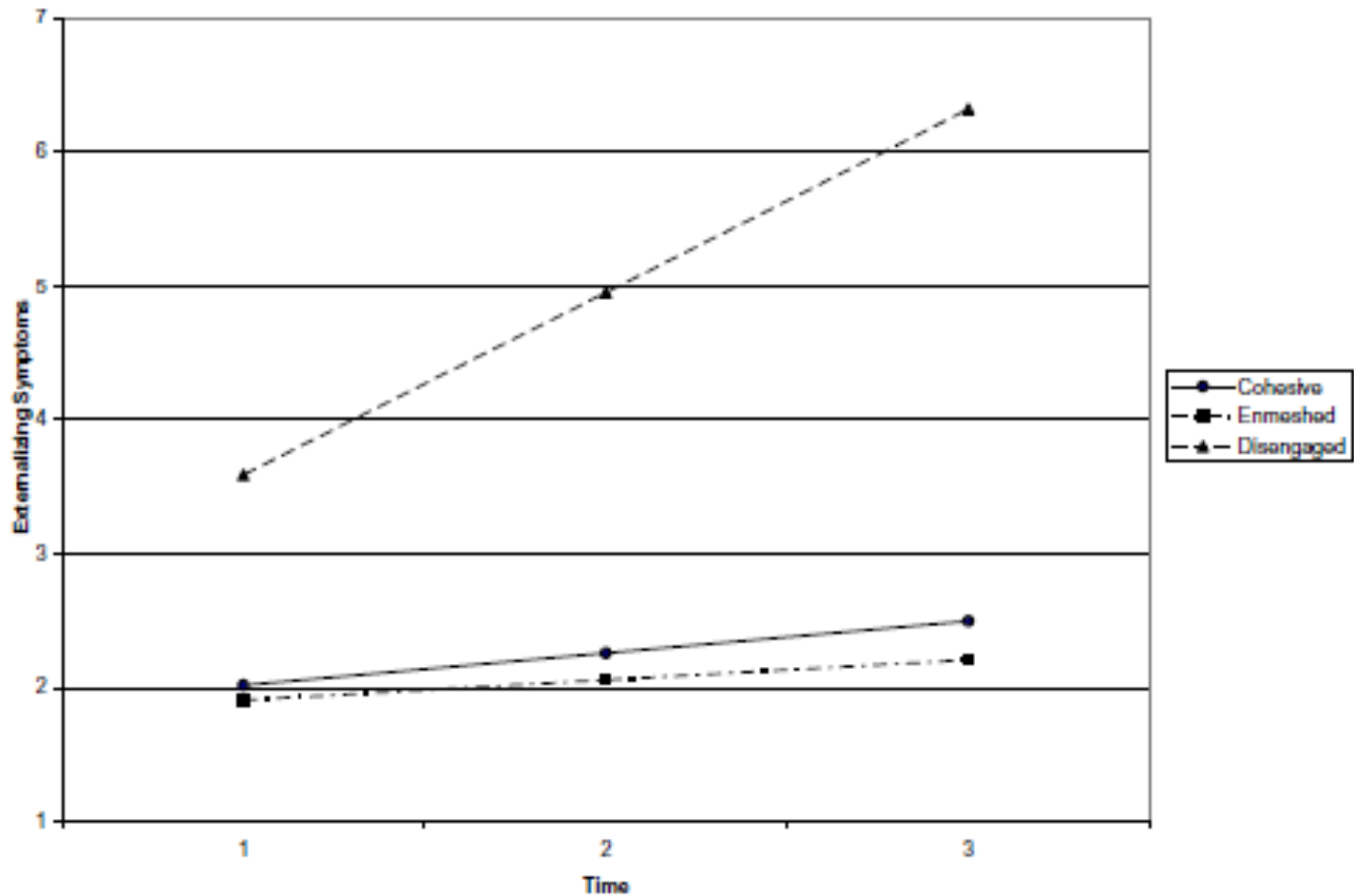
Note. Post hoc comparisons used Tukey's HSD to control for alpha level, ">" refers to significantly larger whereas "<" refers to not significantly different at alpha = .05 level. ANOVA = analysis of variance.

\*\*\*p ≤ .001.



# Mixture Model with longitudinal data

- The second analysis links types with trajectories (Latent Growth Curve; LGC)

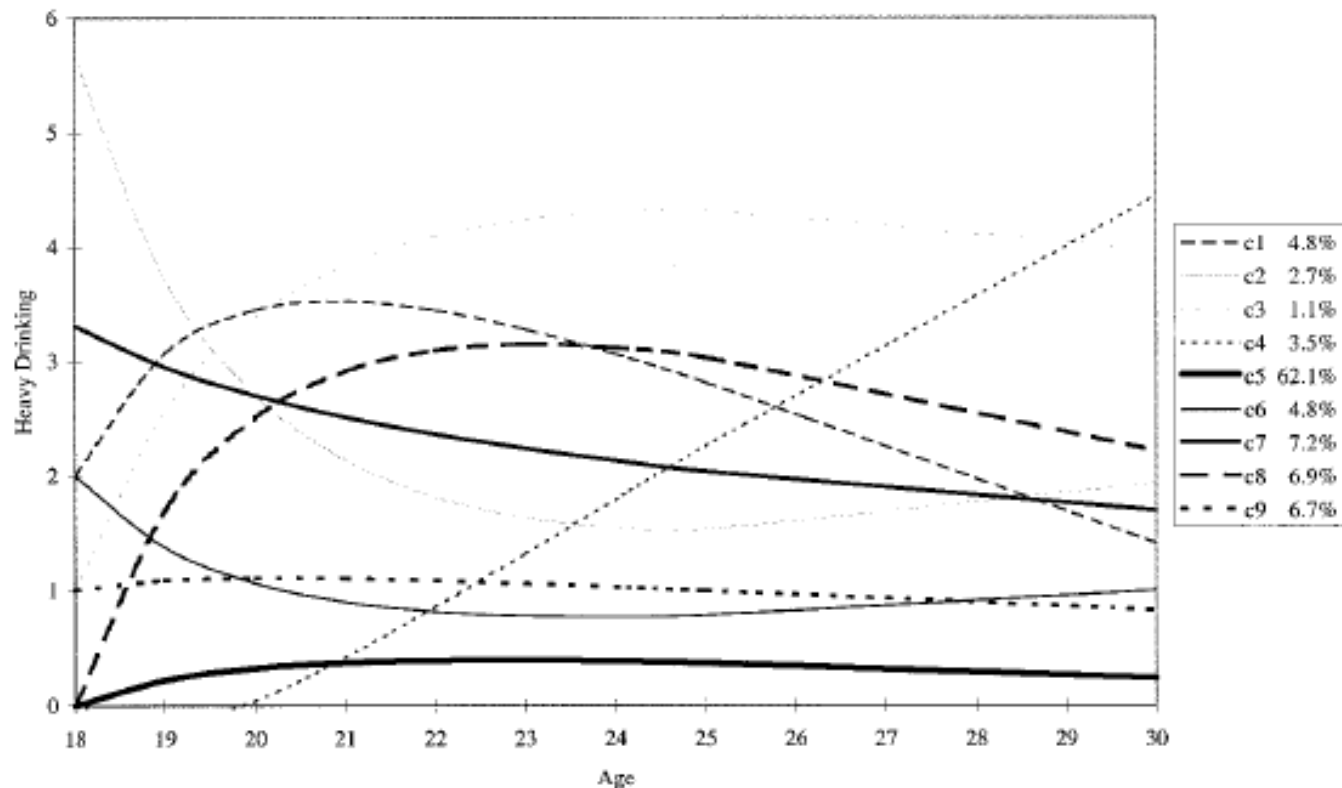


# Growth Mixture Modeling

Muthen & Muthen (2000) Integrating person-centered and variable-centered analyses: Growth mixture modeling with latent trajectory classes. *Alcoholism: Clinical and Experimental Research*, 24, 882-891.

- Looking for heterogeneity in developmental trajectories

NLSY Mean Curves for 9 Classes with Zero Factor Variance  
(BIC=16597.712)



# Limitations

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- May need to use multiple starts
- Can take a long time to estimate
- Solutions may change depending on the set of predictors
- Exploratory in nature
- Not guaranteed to produce interpretable profiles



# Conclusions

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- Can help identify at-risk individuals
  - May want to target them for intervention
- Flexible (can use categorical or continuous outcome and predictor variables; model cross-sectional or longitudinal data)
- Useful for condensing a large amount of information in order to see patterns in your data
- Useful for when groups are unknown
- Avoids some of the problems of traditional clustering methods
- Profile interpretability is key



# References

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Thank You

