**Grant Title:** HEALTHY HABITS: TIMING FOR DEVELOPING SUSTAINABLE HEALTHY BEHAVIORS IN CHILDREN AND ADOLESCENTS (R01, R03, R21)

**Funding Opportunity Number:** PA-11-327, PA-11-328, PA-11-329. CFDA Number(s): 93.213, 93.361, 93.837, 93.847, 93.865.

**Agency/Department:** National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), Office of Behavioral and Social Sciences Research (OBSSR).

**Area of Research:** Employ innovative research to identify mechanisms of influence and/or promote positive sustainable health behavior(s) in children and youth (birth to age 18).

Release and Expiration: Release Date: September 01, 2011. Expiration Date: September 8, 2014.

**Application Deadline:** R01 New Applications: February 5, June 5, October 5. R01 Renewal, Resubmission, or Revision: March 5, July 5, November 5. For R03 and R21 New Applications: February 16, June 16, October 16. R03 and R21 Renewal, Resubmission, or Revision: March 16, July 16, November 16.

**Amount:** R01 - Up to \$500,000. R03 - Budgets for direct costs of up to \$50,000 per year. R21 - Direct costs are limited to \$275,000 over an R21 two-year period, with no more than \$200,000 in direct costs allowed in any single year.

**Length of Support:** R01 - Up to 5 years. R21 - Up to 2 years. R03 - Up to 2 years.

**Eligible Applicants:** Public and State controlled institutions of higher education. See the full announcement for a complete list of eligible applicants.

Summary: The R01 announcement encourages Research Project Grant (R01) applications that employ innovative research to identify mechanisms of influence and/or promote positive sustainable health behavior(s) in children and youth. The R03 announcement encourages Small Grant Program (R03) applications that employ innovative research to identify mechanisms of influence and/or promote positive sustainable health behavior(s) in children and youth. R21 announcement encourages Exploratory/Developmental Research Grant Award (R21) applications that employ innovative research to identify mechanisms of influence and/or promote positive sustainable health behavior(s) in children and youth. For R01, R03 and R21 positive health behaviors may include: developing healthy sleep patterns, developing effective self-regulation strategies, adaptive decision-making in risk situations, practicing proper dental hygiene, eating a balanced and nutritious diet, engaging in age-appropriate physical activity and/or participating in healthy relationships. Applications to promote positive health behavior(s) should target social and cultural factors, including, but not limited to: schools, families, communities, population, food industry, age-appropriate learning tools and games, social media, social networking, technology and mass media. Topics to be addressed include: effective, sustainable processes for influencing young people to make healthy behavior choices; identification of the appropriate stage of influence for learning sustainable lifelong health behaviors; the role of technology and new media in promoting healthy behavior; identification of factors that support healthy behavior development in vulnerable populations, identification of barriers to healthy behaviors; and, identification of mechanisms and mediators that are common to the development of a range of habitual health behaviors. Given the many factors involved in developing sustainable health behaviors, applications from multidisciplinary teams are strongly encouraged. The ultimate goal of this FOA is to promote research that identifies and enhances processes that promote sustainable positive behavior or changes social and cultural norms that influence health and future health behaviors.

**Detailed Information:** http://grants.nih.gov/grants/guide/pa-files/PA-11-327.html http://grants.nih.gov/grants/guide/pa-files/PA-11-328.html http://grants.nih.gov/grants/guide/pa-files/PA-11-329.html