



## RESEARCH FOCUS: Challenging Behaviors & Compliance

Teachers and Parents as Partners, known as TAPP, is an innovative, effective approach that helps educators address challenging behaviors and academic problems for long-term success. Decades of research have shown that TAPP consistently improves children's academic, social and behavioral outcomes, while building partnerships between parents and teachers.

### Why Does This Matter?

Students with behavioral challenges are more likely to face social, emotional, behavioral, and academic setbacks than their peers. These behavioral challenges often occur across settings (e.g., at home and school) and can be long-lasting, requiring an approach involving both parents and teachers.

### What We Learned

Disruptive, externalizing behaviors and non-compliance can be improved significantly by implementing TAPP.

### Supporting Findings

- Students whose parents and teachers participate in TAPP demonstrate:
  - increased compliance with home and school expectations<sup>1,3,5,7</sup>
  - significant increases in on-task behaviors at school and home<sup>2,4</sup>
  - significant decreases in arguing, defiance, and tantrums at home<sup>5</sup>
  - significant improvements in a wide range of behaviors prioritized by teachers and parents, across both home and school<sup>6</sup>
- Improvements in behavior as an outcome of TAPP are maintained up to one year following intervention.<sup>7</sup>

- Evaluating student progress with a visual (e.g., graph) during the TAPP process is associated with increased compliance with previously difficult routines at home and school.<sup>1</sup>

### Takeaways

- TAPP's collaborative approach improves students' social-behavioral outcomes across home and school, encourages the use of effective strategies by teachers and parents, and enhances home-school relationships.
- Developing clear communication channels and consistent practices across home and school may improve a child's understanding of behavioral expectations across settings.
- The positive gains students experience through TAPP can be expected to maintain for at least one year.



## Citations

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