



## RESEARCH FOCUS: Parenting Skills

Teachers and Parents as Partners, known as TAPP, is an innovative, effective approach that helps educators address challenging behaviors and academic problems for long-term success. Decades of research have shown that TAPP consistently improves children's academic, social and behavioral outcomes, while building partnerships between parents and teachers.

### Why Does This Matter?

Parental engagement in their child's educational, behavioral, and social-emotional development plays a major role in student success. There are myriad parenting practices that support children's educational performance and behaviors at school. Great variability in parents' uses of effective strategies makes collaborative practices like TAPP important for promoting positive student outcomes.

### What We Learned

Parents who collaborate with schools through TAPP demonstrate significant improvements in practices that support positive outcomes for their children who struggle with challenging behaviors.

### Supporting Findings

- Relative to other similar parents, those who participate in TAPP demonstrate significantly greater improvements in:
  - their competence in problem-solving<sup>1,2,3</sup>
  - home-school communication<sup>1</sup>
  - school-based involvement<sup>1</sup>
  - awareness of their children's needs at school<sup>1</sup>
  - their self-efficacy in helping their child succeed<sup>3</sup>
  - parenting skills (e.g., prevention strategies, use of rewards)<sup>3</sup>
  - their positive perceptions of their child's school<sup>3</sup>
  - their relationship with their child's teacher<sup>2,3,4</sup>



### Takeaways

- Parents learn strategies in TAPP that improve their parenting abilities and problem-solving skills.
- Parents who participate in TAPP report significant improvements in home-school communication and relationships with teachers.
- Collaboration through TAPP significantly increases parents' engagement in their child's education and gives them confidence in helping their children succeed.

## Citations

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3. Sheridan, S. M., Witte, A. L., Holmes, S. R., Wu, C., Bhatia, S. A., & Angell, S. R. (2017). The efficacy of conjoint behavioral consultation in the home setting: Outcomes and mechanisms in rural communities. *Journal of School Psychology, 62*, 81–101. <https://doi.org/10.1016/j.jsp.2017.03.005>
4. Sheridan, S. M., Witte, A. L., Holmes, S. R., Coutts, M. J., Dent, A. L., Kunz, G. M., & Wu, C. (2017). A randomized trial examining the effects of Conjoint Behavioral Consultation in rural schools: Student outcomes and the mediating role of the teacher-parent relationship. *Journal of School Psychology, 61*, 33-53. <https://doi.org/10.1016/j.jsp.2016.12.002>