



## Designing Better Questionnaires and Measures

Initial considerations and construct operationalization

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## Nebraska Academy for Methodology, Analytics and Psychometrics

- Wide range of support services for funded research projects
- Expertise in
  - Statistics & Modeling
  - Applied Psychometrics
    - Program Evaluation
    - Mixed Methods
    - Prevention Science



### **Three Part Series**

#### **Designing Better Questionnaires and Measures**

- 1. Initial considerations and construct operationalization (Today)
- 2. Constructing and Testing the Instrument (February 6)
- 3. Psychometric Review (April 3)



### Why is this topic important?

- Poor measures can lead to wrong decisions
- Poor measures impose an absolute limit on the validity of the conclusions one can reach
- If you cannot determine what the data mean, the amount of information collected is irrelevant



### **Focus of the Series**

- Development of non-cognitive measures\*, surveys, and questionnaires in educational, psychological, and social science research
   \*no correct or incorrect response (e.g. attitudes, opinions, perceptions)
- Many of the concepts generalize to other applications
  - Cognitive tests (ACT/SAT/GRE)
  - Behavioral observation measures



#### **Session Overview**

- Review definitions related to measurement
- Process of developing a measure overview
- Defining a construct
  - Research questions
  - Literature review
  - Qualitative research
- Tips for identifying existing measures
- Considerations for mode of delivery
- Preparing for the next presentation



### **SOME DEFINITIONS...**



### What is measurement?

- A way of making sense of our observations or people, objects and events through quantification (DeVellis, 2011)
- "The assignment of numerals in such a way as to correspond to different degrees of a quality . . . or property of some object or event" (Duncan, 1984, p. 126)



### What is a construct?

- The underlying phenomenon that a measure is intended to reflect
- The cause of the item score
  - The strength or quantity of the construct (i.e., the value of its true score) is presumed to cause an item (or set of items) to take on a certain value
- Also referred to as a latent variable or trait



### What is a measure?

- A collection of items combined into a composite score of a single phenomenon
  - Items serve as "effect indicators" of an underlying construct or latent variable (Bollen, 1989)
- Intended to reveal levels of theoretical variables not readily observable by direct means and therefore proxies for variables that we cannot directly observe
- By assessing the relationships between measures, we indirectly infer the relationships between constructs



# Classical Test Theory Measurement Assumptions

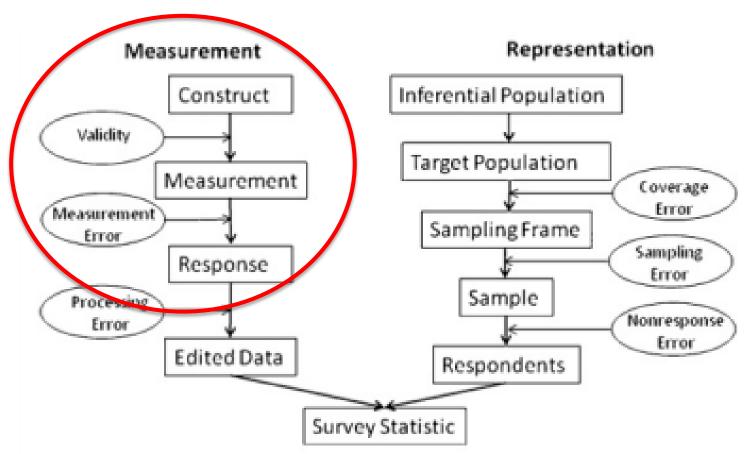
$$x = T + e$$

(observed score = true score + error)

- 1. The amount of error associated with individual items varies randomly
- 2. One item's error term is not correlated with another item's error term
- 3. Error terms are not correlated with the true score of the latent variable



## **Total Survey Error**



Groves, 2009, figure 2.4



## Hallmarks of quality measures

- Reliable scores are consistent (i.e. repeatable)
- Valid scores accurately measure what they purport to measure







Thorndike, 2010



#### MEASURE DEVELOPMENT PROCESS



## Begin with the end in mind...





The final 5 minutes of the film "The Sixth Sense" was shown to workshop participants. In order to be sensitive to copyright issues, we are not including that clip here.

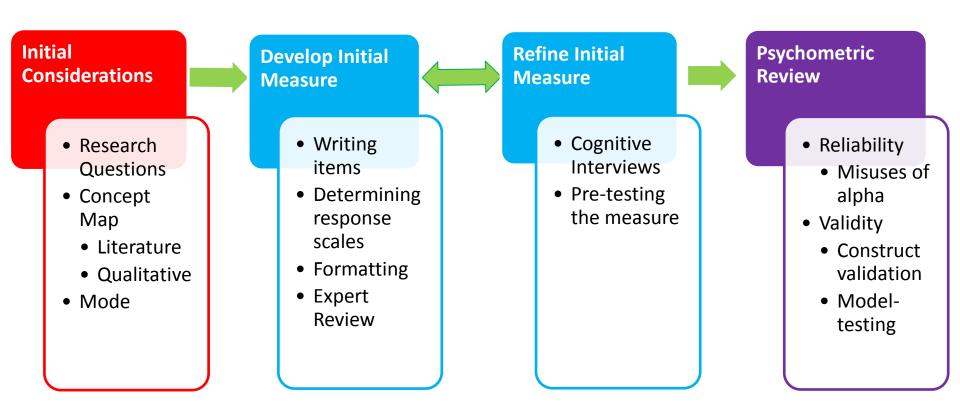


## What does your ending look like?

- What do you want to be able to say in your results chapter?
- Write it out as if you have already collected and analyzed your data.
  - Use XX.xx for values, so you don't get confused when you have real data and results



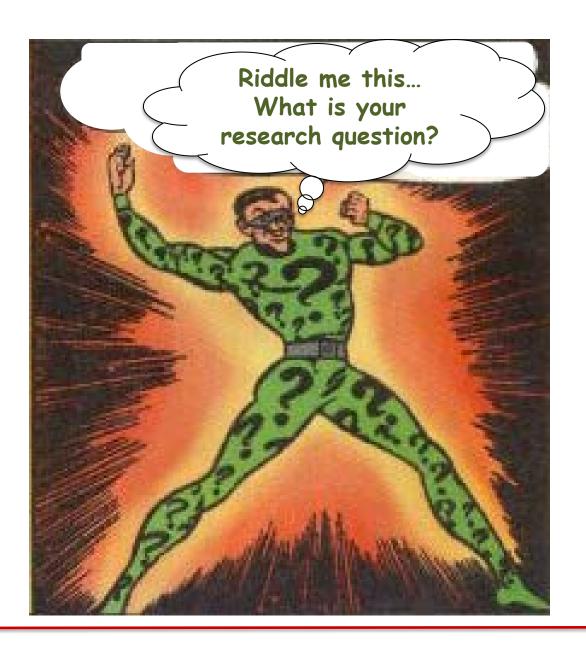
### **Measure Development Process**





### **CONCEPT MAPPING**







### **Quantitative Research Questions**

- Narrow and specific
- In response to a problem that calls for explanation
  - The trends in a large group (descriptive)
  - The extent that groups differ (comparative)
  - The effect of a treatment (relationship)
- The focus is a small set of specific factors (variables)
- Variables are examined in a certain planned way

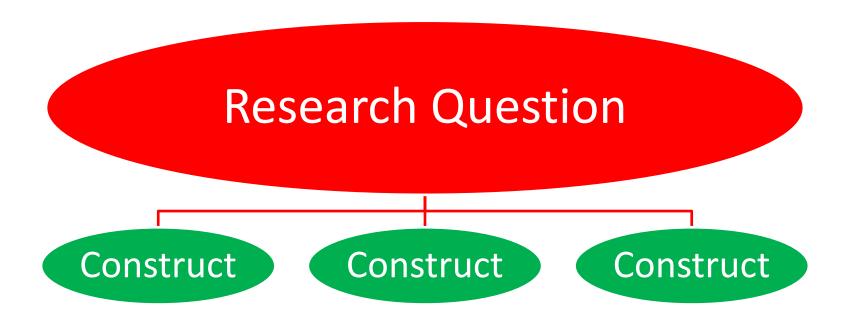
Plano Clark & Creswell, 2014



## WHAT ARE SOME OF YOUR RESEARCH QUESTIONS?

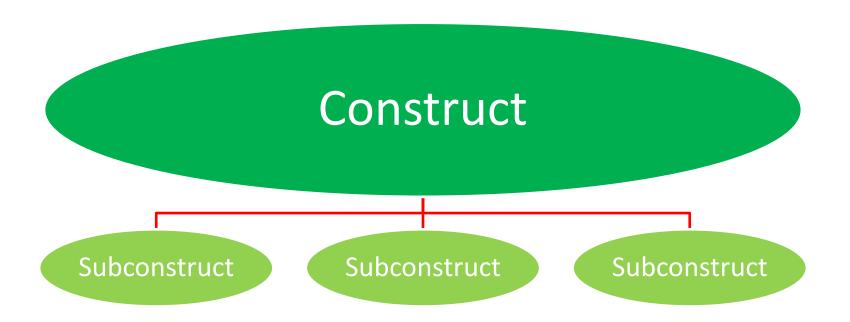


# Research Questions may include multiple variables (or constructs)



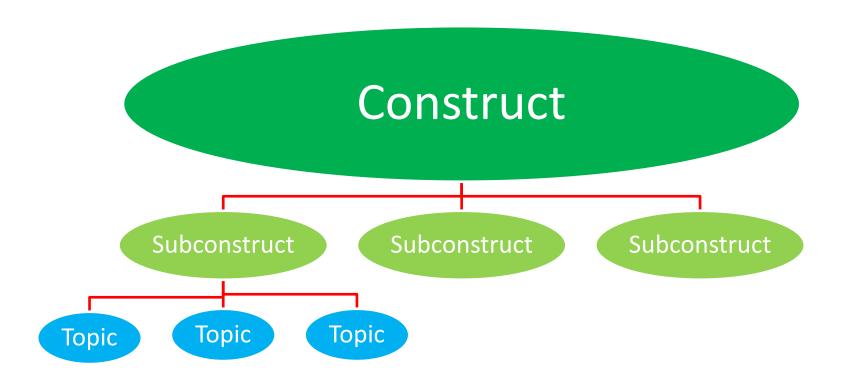


# Constructs may consist of multiple subconstructs



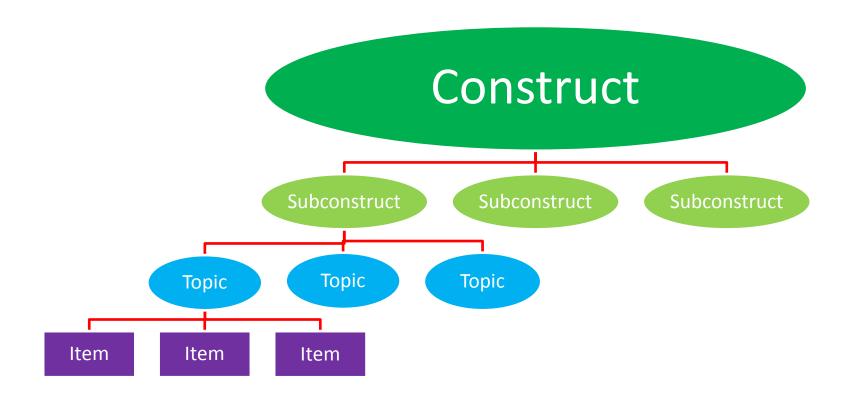


# Sub-constructs may consist of multiple topics or indicators





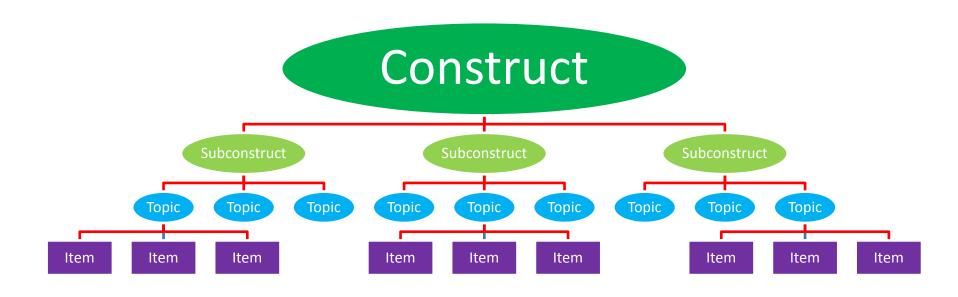
# Individual items attempt to measure the topics or indicators





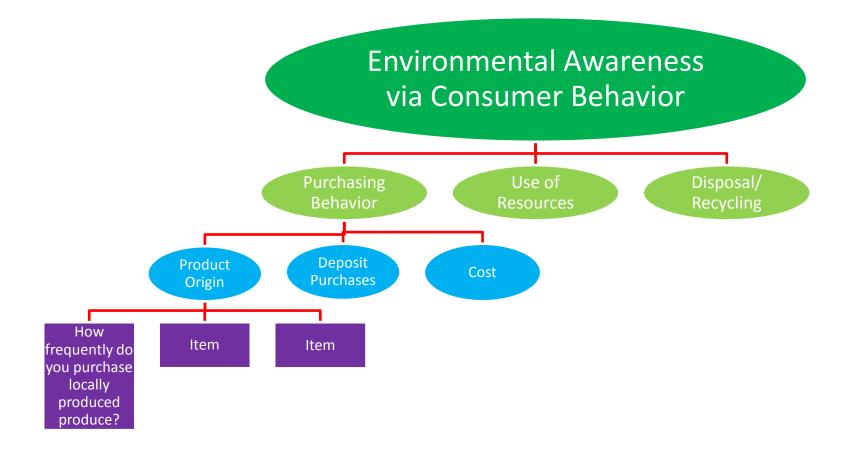
### **Concept Map**

A concept map ensures internal consistency of your study from your research questions, through your data collection, and your results.





## An Example





### **Construct Definition**

- What is the construct?
- What is not the construct?
- What is related to the construct?
- What is not related to the construct?



## Using Literature to Define Your Construct

- What does the existing literature tell you about your construct?
  - What theories have been proposed about your construct?
  - What existing measures relate to your construct?
- What gaps are there in the literature about your construct?
  - How can these gaps be filled by literature on related constructs?



## Using Qualitative Research to Define Your Construct

- Determine whether ideas that underlie the construct make sense to respondents
- Understand its meaning for individuals
- Understand its complexity as it naturally occurs in people's lives
- Consider the multiple external forces that shape and are shaped by this phenomenon
- Reveal the natural, everyday language that people use to talk about a concept

DeVellis, 2011; Plano Clark & Creswell, 2014



## Mixed Methods Instrument Development Designs





### **Grounded Theory**

- Particularly well-suited for defining a construct for which you want to develop a measure (Howell Smith, 2011)
- Intent is to produce strong substantive or formal theories where none existed previously (Glaser & Strauss, 1967)
- Used to build theory through a "systematic, inductive, and comparative" process (Bryant & Charmaz, 2007, p. 1)



## The Role of Theory

- "A theory does more than provide understanding or paint a vivid picture. It enables users to explain and predict events, thereby providing guides to action" (Strauss & Corbin, 1998, p. 25).
- "Generating theories about phenomena, rather than just generating a set of findings, is important to the development of a field of knowledge" (Strauss & Corbin, 1998, p. 22-23).



# **Characteristics of Grounded Theory**

- Theoretical sampling
  - Participants are selected who can best inform your phenomenon/construct
- Data are concurrently collected, coded and analyzed (constant comparison)
  - Ensures the saturation of relevant categories
     (Glaser & Strauss, 1967)



## **Grounded Theory Analysis**

#### 1. Initial Phase

- Naming each word, line or segment of data (Charmaz, 2009)
- Strive for "in vivo" coding using the participants own language and imagery (Chesler, 1987)

#### 2. Selective Phase

 Sort, synthesize, integrate, and organize initial codes (Charmaz, 2009)

#### 3. Analytical Phase

 Shapes the clusters into an interpretive theory based on the "imaginative understanding of the studied phenomenon" (Charmaz, 2006)



## **Construct Definition**

Whether based on existing theory, related literature, or exploratory qualitative research, your construct definition ought to include:

- What your construct is
- What your construct is not
- What your construct is related to
- What your construct is not related to



## **Example Construct Definition**

- Kindness is the *intent* behind doing something nice for someone else
  - Doing something nice for someone else because you expect something in return is not true kindness
- **Kindness** is the *perception* of niceness regarding someone else's actions towards you
  - Regardless of the person's intent, you may experience their actions as kindness

Sue Swearer, study in progress



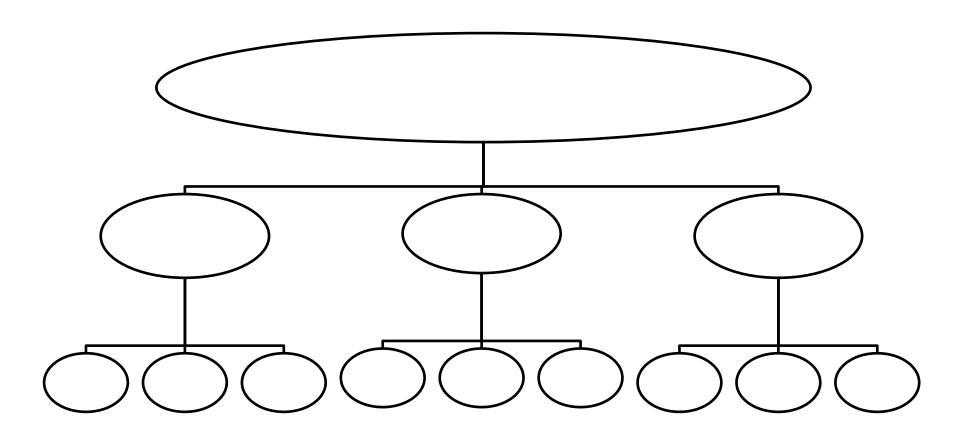
## **Example Subconstructs**

- Convenience
- Reciprocity
- Recognition
- Rank
- Empathy
- Impact of Actions
- Self-kindness

Sue Swearer, study in progress



# **Your Concept Map**





# SO YOU KNOW WHAT YOU WANT TO MEASURE...



# Look for existing instruments that measure your construct

- Published journal articles
- Professional associations
  - Measures of Personality and Social Psychological Attitudes
  - Measures of Political Attitudes
  - Handbook of Marketing Scales
- Inter-university Consortium for Political and Social Research (ICPSR)
  - https://www.icpsr.umich.edu/icpsrweb/landing.jsp
- FTS Test Collection Database
  - http://www.ets.org/test\_link/about
  - More than 25,000 tests and other measurement devices
- Mental Measurements Yearbook and Tests in Print
  - www.unl.edu/buros
  - Primarily clinical measures, including tests of ability and personality
- Patient-Reported Outcomes Measurement Information System (PROMIS)
  - www.nihpromis.org/
  - Rigorously reviewed items across 5 domains: physical functioning, social functioning, emotional distress, pain, and fatigue



## **Existing Measures**

- Adoption: if they fit your construct definition
- Adaption: if they are related to your construct definition
- Be sure to weigh the reliability, validity and credibility of the scale
  - CAUTION: Using an existing scale in a new context changes the established reliability and validity
  - CAUTION: Any alteration to an existing scale changes the established reliability and validity
- Obtain permission from the test author and/or publisher
  - Even scales that are not commercial may have copyrights
  - Respect the intellectual property of others as you would like yours respected



If you need to develop a new measure, you must first consider

## **MODES OF DELIVERY**



# Selecting a Mode of Delivery

- 1. Know who your potential participants are:
  - Young children may need picture prompts and interviewer support
  - Older people may not be comfortable with technology
  - Some respondents may not have reliable access to the internet
  - Many households do not have a landline telephone



# For more information about sampling procedures

- See Natalie Koziol's presentation:
  - Analyzing Data from Complex Sampling Designs:
     An Overview and Illustration
  - http://mapacademy.unl.edu/presentations/methodology-applicationseries/2014-2015/index.php



# Selecting a Mode of Delivery

- 2. Balance the following considerations:
  - Access: How can you contact them?
  - Context: What is the nature of your construct?
  - Cost: What can you afford to do?
  - Constraints: What barriers are there for participants to complete your measure?



# Options for mode of delivery

#### **Self-Administered Modes**

- "Pencil and paper" versions
  - Mail
  - E-mail
  - Online
    - Smart phones
    - Tablets
  - In person

#### **Interviewer-Administered Modes**

- Structured reading of items and response options
  - Phone
  - In person
  - Via Skype/WebEx



## **Self-Administered Modes**

#### **Disadvantages**

- Allows limited complexity (print)
- Longer field time (mail)
- Coverage issues (internet)
- Lacks interviewer support
- Respondent has locus of control
- Potential differences by respondent computer
  - Browser, Internet speed, smartphones, tablets

#### **Advantages**

- Supports complex questionnaires (online)
- Timely (online)
- Coverage issues (mail)
- Can use visual stimuli
- Less intrusive
- Less social desirability
- No interviewer effects
- Cheaper
- Reach large geographic areas

Dilman, 2014



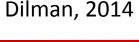
## **Interviewer-Administered Modes**

#### <u>Disadvantages</u>

- Requires well-trained interviewers
- Interviewer effects
  - Social desirability,
     race/gender, etc.
- Coverage issues
  - Cell phones
- Can be costly (in person)

#### **Advantages**

- Interviewer support
- Supports complex questionnaires
- Good quality control
- Timely
- Cost effective for many contacts (via phone)





# Multiple Modes

 Multiple modes of delivery may provide greater access to more diverse participants, but also introduces additional error to consider



## **NEXT STEPS...**



### **Brainstorm some items!**

- Just write something down
- Try to write 3-4 items for each topic in your concept map
- Don't evaluate the items (yet)
- Don't worry about the response options
- Bring them with you to the next workshop

# Constructing and Testing the Instrument

### Friday, February 6

- Psychology of survey response
- Guidelines for writing good items
  - Readability
  - Content clarity
  - Special issues with translation
- Context effects and error
  - Questionnaire design
  - Mode effects
  - Visual design considerations
- Pre-testing
  - Expert review
  - Cognitive interviews



## **Psychometric Review**

### Friday, April 3

- Reliability
  - Misuses of coefficient alpha
- Validity
  - Construct validation
  - model-testing approaches



## **Questions?**

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